

Monthly Matter – March 2026

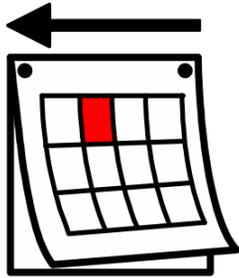


**Comisiynydd
Plant Cymru**

Children's
Commissioner
for **Wales**

@complancymru
@childcomwales

comisiynyddplant.cymru
childrenscommissioner.wales



Last month, we asked you about **play**
during the winter months.



**Comisiynydd
Plant Cymru**
Children's
Commissioner
for **Wales**

Thanks to everyone who told us about play during the winter months, this is what we found out:



- Lots of you don't play outside as much in the winter months because it's too dark, wet and rainy



- Most of you get to places by having a lift from an adult in the car and lots of you said by walking or biking with a friend



- Lots told us that it would be easier to hang out with friends in the winter months if there were more shelters in outdoor parks and better streetlights

@complancymru
@childcomwales

comisiynyddplant.cymru
childrenscommissioner.wales



March's Monthly Matter is all about
children's use of social media platforms.

Article 15: I have the right to meet with friends and join groups.

Article 19: I have the right to be protected from being hurt or badly treated.

[@complancymru](#)

[@childcomwales](#)

[comisiynyddplant.cymru](#)

[childrenscommissioner.wales](#)



Link to the video: <https://youtu.be/nC2kZmgDX3Y>



1) Discuss in pairs or as a group:

- Do you use any social media?
- Have you ever felt unsafe or unhappy online?
- Do you think it is a good idea to ban social media platforms for children under 16 years old? Why?

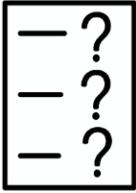
@complantcymru

@childcomwales

comisiynyddplant.cymru

childrenscommissioner.wales

There are supporting materials on our web page for children with additional learning needs



Share your ideas with us by using the **QR code** or [survey link](#)

(Each young person can do this individually or a teacher can do it on behalf of the class)



**Comisiynydd
Plant Cymru**
Children's
Commissioner
for **Wales**

Survey link - <https://online1.snapsurveys.com/cf6w7u>

If you are worried about anything after today's session you should speak to a **trusted adult**.



You could also contact our Advice team:

- 0808 801 1000
- advice@childcomwales.org.uk
- www.childcomwales.org.uk



**Comisiynydd
Plant Cymru**
Children's
Commissioner
for Wales

You could also contact & speak to:

Childline – 0800 1111

Meic – 080880 23456



Diolch!
Thanks!

Our next Monthly Matter will be available on our website on

Tuesday, April 7th



**Comisiynydd
Plant Cymru**
Children's
Commissioner
for Wales