

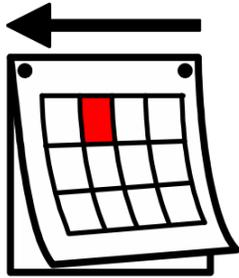
Monthly Matter – February 2026



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Plant Cymru**
Children's
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Last month, we asked you to complete a survey all **about your rights and how you learn about them.**



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Over **3500** of you took part!

You should have your reports.

If you haven't, please contact:
Jordan.Doherty@childcomwales.org.uk

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February's Monthly Matter is all about **playing during the winter months (November to March).**

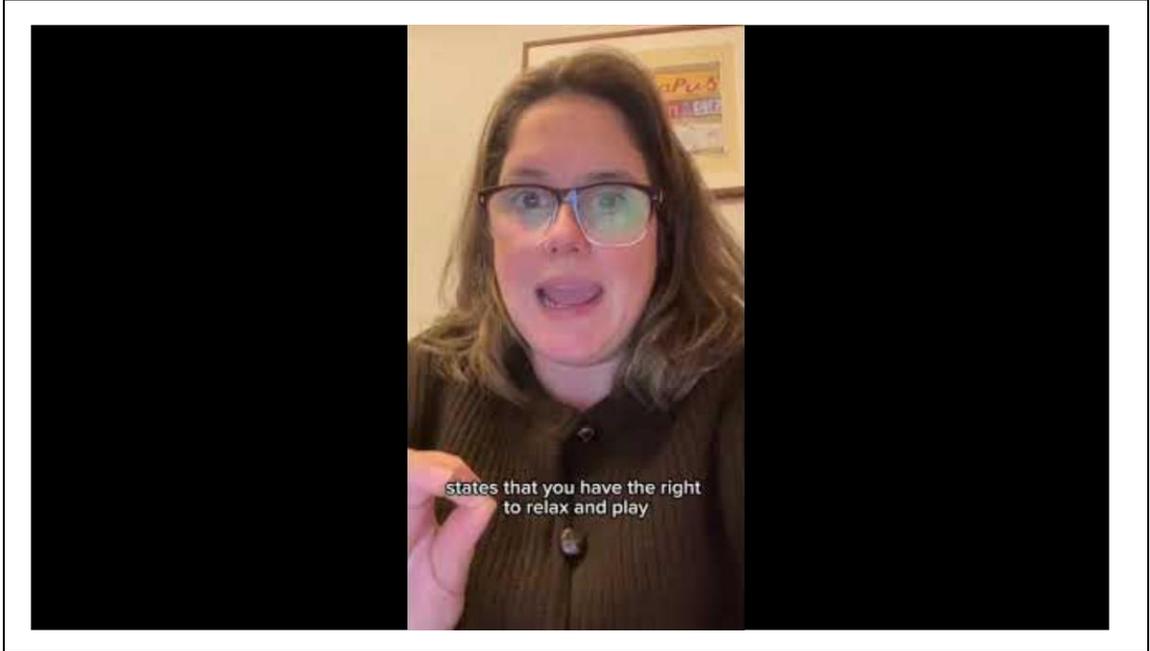


Article 15: I have the right to meet with friends and join groups.

Article 31: I have a right to rest, relax and play.

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Link to the video: <https://youtube.com/shorts/SZ8tNITjUHY>



1) Discuss in pairs or as a group:

- Do you go out to play or hang out with friends in the winter?
- Do you feel like you have enough time?
- What could make it easier for you to play or hang out in the winter?

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There are supporting materials on our web page for children with additional learning needs

If you are worried about anything after today's session you should speak to a **trusted adult**.



You could also contact our Advice team:

- 0808 801 1000
- advice@childcomwales.org.uk
- www.childcomwales.org.uk



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You could also contact & speak to:

Childline – 0800 1111

Meic – 080880 23456



Diolch!
Thanks!

Our next Monthly Matter will be available on our website on

Monday, March 2nd



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