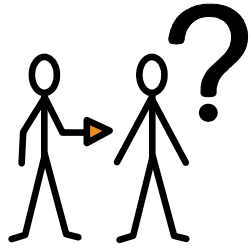


Nodiadau hwyluswyr

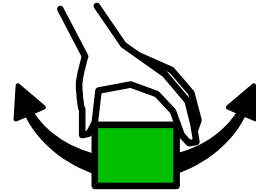
Mae'r tudalennau nesaf wedi'u creu i helpu cefnogi plant a phobl ifanc i ateb Mater y Mis Mawrth am gyfryngau cymdeithasol.

Rydym wedi cynnwys symbolau i helpu plant a phobl ifanc i rannu eu teimladau.

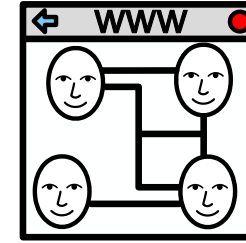
Defnyddiwch ddolen yr holiadur sydd yn y pwerbwynt i rannu atebion y plant a phobl ifanc gyda ni.



Wyt ti'n



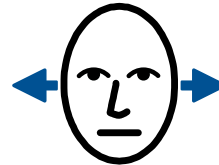
defnyddio



cyfryngau cymdeithasol?



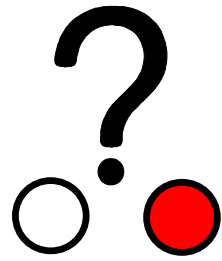
ydw



nac ydw



sai'n siwr



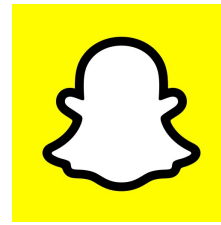
(Os ie) Pa rai?



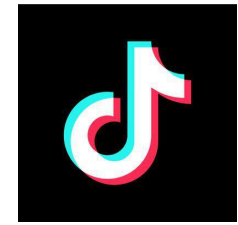
facebook



instagram



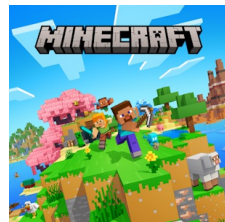
snapchat



Tiktok



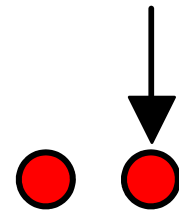
Youtube



Minecraft



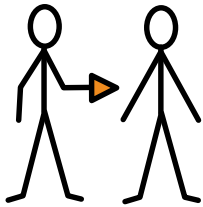
Roblox



Un arall



Wyt



ti wedi



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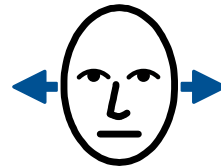
anhapus



ar-lein?



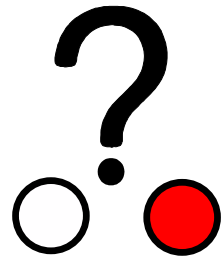
ydw



nac ydw



sai'n siwr



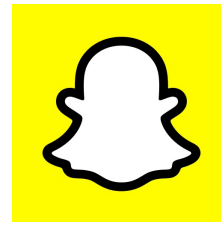
(Os ie) Pa un?



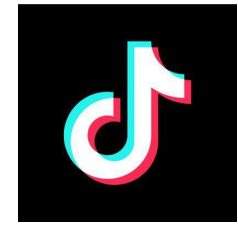
facebook



instagram



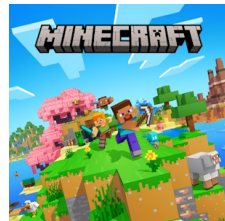
snapchat



Tiktok



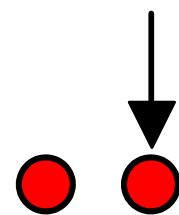
Youtube



Minecraft



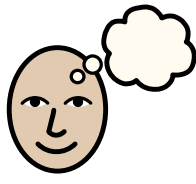
Roblox



Un arall



Wyt ti'n



meddwl

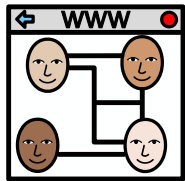


bod hi'n

syniad da

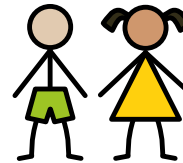


stopio



cyfryngau cymdeithasol

ar gyfer



plant



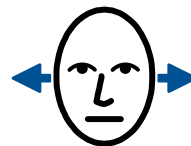
dan

16

oed?



ydw



nac ydw



sai'n siwr