

Monthly Matter – October 2025



**Comisiynydd
Plant Cymru**

Children's
Commissioner
for Wales

@complantcymru
@childcomwales

comisiynyddplant.cymru
childrenscommissioner.wales



Last month, we asked you about school uniform.

Here's what we found out:



**Comisiynydd
Plant Cymru**
Children's
Commissioner
for Wales



- 53% of you think uniform is important, but only 41% of you think your uniform is comfortable



- 23% of you said your families find it difficult to pay for uniform and other school essentials



- 58% of you had been told off for something uniform-related, like not having the correct uniform item, wearing jewellery, or not wearing specific shoes



- We'll be sharing your views with the Welsh Government – they tell schools what should be in their school uniform policies

@complantcymru
@childcomwales

comisiynyddplant.cymru
childrenscommissioner.wales

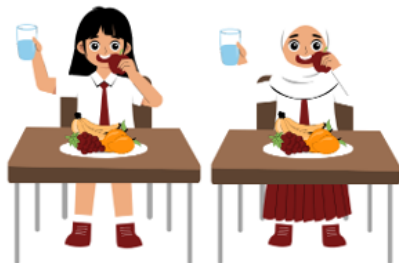
We enjoyed seeing how some school use monthly matters in their class!

Make sure you tag us on social media -
@childcomwales on Facebook and Instagram



@complantcymru
@childcomwales

comisiynyddplant.cymru
childrenscommissioner.wales



October's Monthly Matter is all about school dinners, specifically the cost of them.

Remember:

Article 26: If my family need it, they should get money to help bring me up

Article 27: the right to a proper home, food and clothing

@complantcymru
@childcomwales

comisiynyddplant.cymru
childrenscommissioner.wales



Link to the video: <https://youtu.be/z203VnI4I-8>



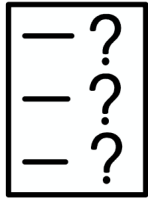
1) Discuss in pairs or as a group:

- Are food prices visible/clear in the canteen?
- How much money do you think you would need every day to eat well in school?

@complantcymru
@childcomwales

comisiynyddplant.cymru
childrenscommissioner.wales

There are supporting materials on our web page for children with additional learning needs



Share your ideas with us by using the **QR code** or [survey link](https://online1.snapsurveys.com/o7xsds)

(Each young person can do this individually or a teacher can do it on behalf of the class)



**Comisiynydd
Plant Cymru**
Children's
Commissioner
for Wales

Survey link - <https://online1.snapsurveys.com/o7xsds>

If you are worried about anything after today's session you should speak to a **trusted adult**.



You could also contact our Advice team:

- 0808 801 1000
- advice@childcomwales.org.uk
- www.childcomwales.org.uk



**Comisiynydd
Plant Cymru**
Children's
Commissioner
for Wales

You could also contact & speak to:

Childline — 0800 1111

Meic — 080880 23456



If you want to continue this discussion....



Take a look at the follow-up activity on the [website](#). It's about your school's calendar of costs – the things that cost money for families throughout the year and changes that could be made to help



**Comisiynydd
Plant Cymru**
Children's
Commissioner
for Wales

[Check-with-Ceri-KS3-KS4-Sept-2019.pdf](#)



Diolch!
Thanks!

Our next Monthly Matter will be available on our website on
Monday 3rd November



**Comisiynydd
Plant Cymru**
Children's
Commissioner
for Wales