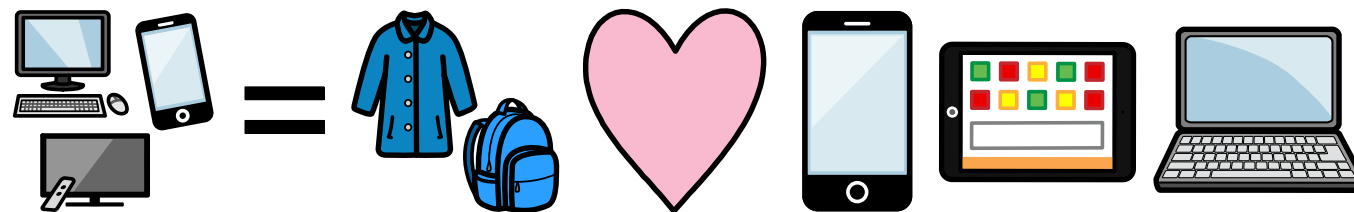


Nodiadau i hwyluswyr

Mae'r tudalennau nesaf wedi'u cynllunio i'ch helpu i ofyn cwestiynau am ddyfeisiau.

Gall dyfais olygu pethau fel ffonau symudol, tabledi, gliniaduron a chyfrifiaduron.

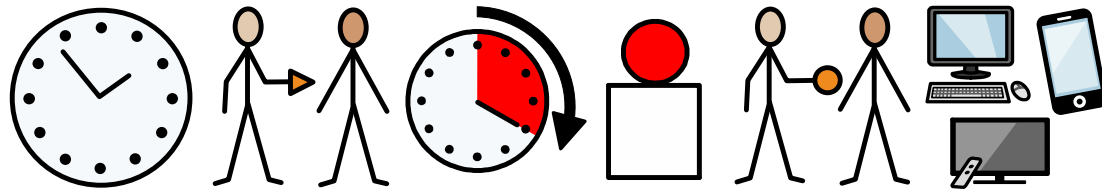
Mae amser sgrin yn golygu'r amser rydych chi'n ei ddefnyddio ar ddyfais.



Dyfais = ffonau symudol, iPads, neu liniaduron



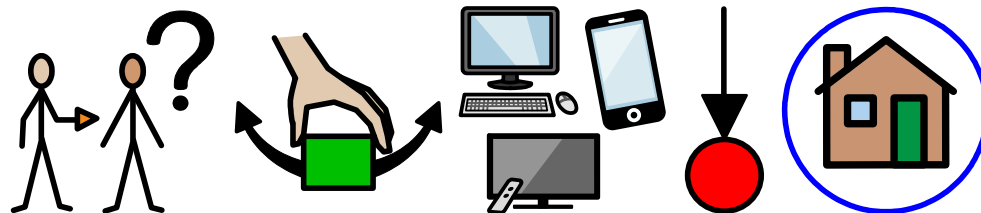
=



Amser sgrin

=

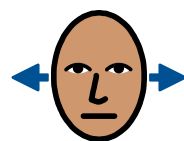
amser rydych chi'n ei dreulio ar eich dyfais



Ydych chi'n defnyddio dyfais gartref?



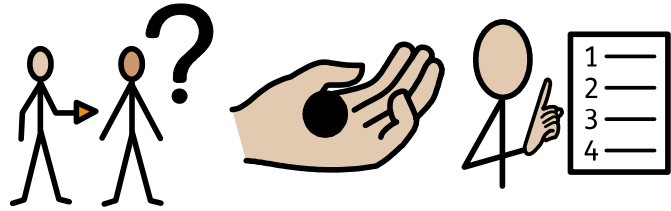
Ydw



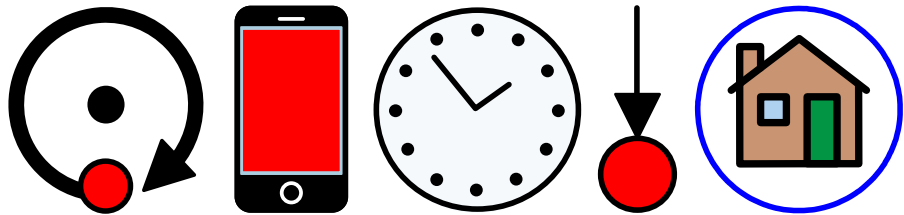
Nac ydw



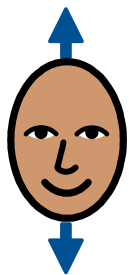
Ddim sur



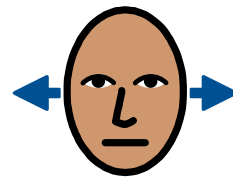
Oes gennych chi unrhyw



reolau am amser sgrin gartref



Oes



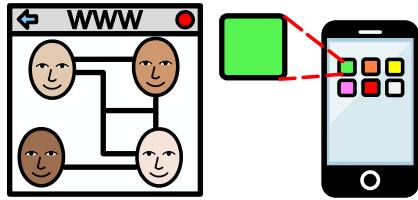
Nac oes



Ddim sure

Nodiadau hwyluswyr

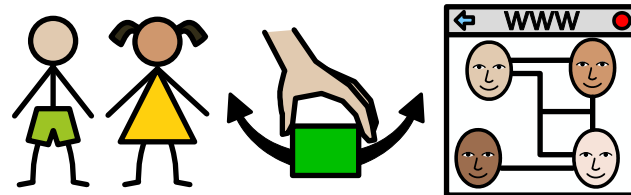
Os yw'r disgybl yn ateb ydw, beth yw'r rheolau?



Apiau cyfryngau cymdeithasol.



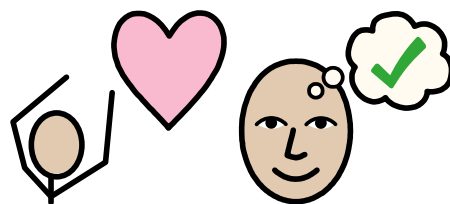
Mae'r llywodraeth yn ystyried



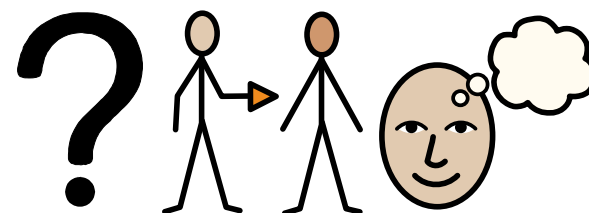
ar gyfer plant sy'n defnyddio cyfryngau cymdeithasol.



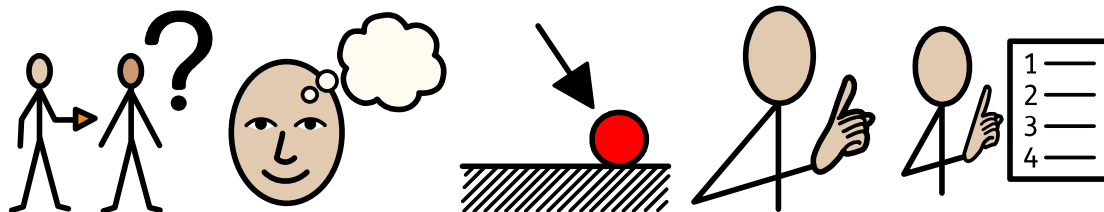
Comisiynydd
Plant **Cymru**
Children's
Commissioner
for **Wales**



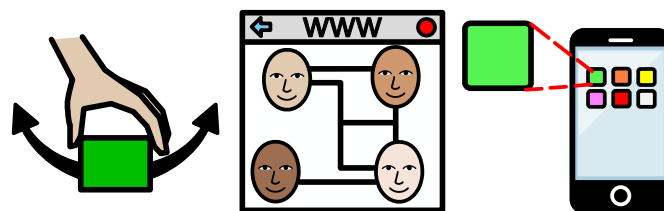
Rydyn ni eisiau gwybod



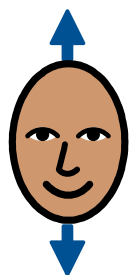
beth yw eich barn chi



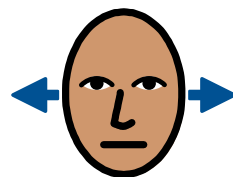
Ydych chi'n credu y dylai fod rheolau



ar gyfer defnyddio apiau cyfryngau cymdeithasol



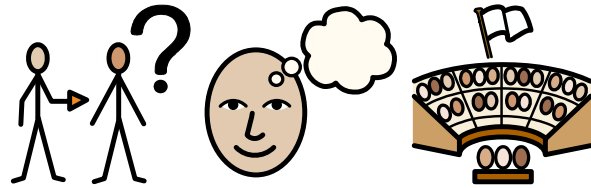
Ydw



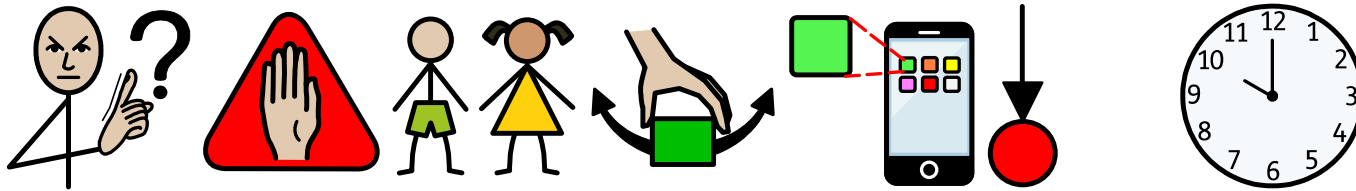
Nac



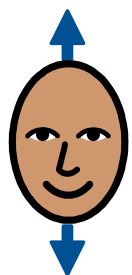
Ddim sur



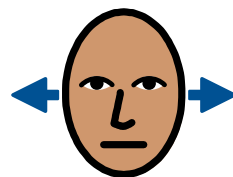
Ydych chi'n credu y dylai'r llywodraeth



atal plant rhag defnyddio'r apiau 10pm?



Ydw



Nac ydw



Ddim sur