

# Ten Top Tips to Introduce Rights in Your School

These ideas have been adapted from 'Sixty ideas for RRSA starters' developed by Peacehaven Community School, East Sussex as part of their work for UNICEF's Rights Respecting Schools Award.

## Key vocabulary:

Children's Rights "Things you need to be happy, healthy and safe"

The United Nations Convention on the Rights of the Child [UNCRC] "The international document that lays out children's rights"

Children's Commissioner for Wales "Rocio Cifuentes is the Children's Commissioner for Wales. It's her job to help all children in Wales be happy, healthy and safe"

1. Create a whole school charter based on rights. A primary in Swansea involved parents, teachers and pupils to decide 10 rights to concentrate on in their charter.
2. Invite your pupils to do a rights tour of the school to identify displays that link with rights e.g. Article 12 linked to School Council or support services; Article 24 linked to healthy food. Then add the rights to displays.
3. Ask pupils to consider their birthday right and how they experience it, e.g. if your birthday is on the 3rd you can choose Article 3 'all adults should work in your best interests'.
4. Link rights to special days and events in the year, e.g. March 1st St David's Day offers an opportunity to consider Article 7 'your right to a name and nationality', anti-bullying week is an opportunity to consider Article 19 'your right to be safe'.
5. Have a debate to explore rights. Give each team a right. They need to argue that this right is essential. To extend this pupils could explain how their right fulfils the guiding principles of the UNCRC [Protection, Development, Participation, Survival: for a useful poster resource to show the guiding principles, download the UNCRC symbols pack.]
6. Write a letter to a child in the past to say how children's rights have changed, you can link this to periods you study in history e.g. the Victorians, World War Two.
7. Write an acrostic for the word RIGHTS.
8. Ambassadors can create a display about the Children's Commissioner for Wales that shows how to contact the office for help with rights. Young people can also use our website for additional resources to share with their peers.
9. Link children's rights to your favourite books and films, e.g. how does Harry Potter experience his rights (or not)? What about the children in Roald Dahl books?
10. Find an article in today's paper that relates to children's rights.

Celebrate your work by tweeting @childcomwales. You'll also find great ideas of how other schools are teaching and learning about rights using our hashtag #RightsHour.



**Comisiynydd  
Plant Cymru**  
Children's  
Commissioner  
for Wales

**Comisiynydd  
Plant Cymru**

Children's  
Commissioner  
for Wales

# Deg Awgrym Gwych ar gyfer Cyflwyno Hawliau yn eich Ysgol

Mae'r syniadau hyn wedi cael eu haddasu o 'Sixty ideas for RRSA starters' a ddatblygwyd gan Ysgol Gymunedol Peacehaven, Dwyrain Sussex, fel rhan o'u gwaith ar gyfer Dyfarniad Ysgolion sy'n Parchu Hawliau UNICEF.

## Geirfa allweddol:

**Hawliau Plant** "Pethau rydych chi eu hangen i fod yn hapus, yn iach ac yn ddiogel"

**Confensiwn y Cenhedloedd Unedig ar Hawliau'r Plentyn [CCUHP]** "Y ddogfen ryngwladol sy'n cyflwyno hawliau ein plant"

**Comisiynydd Plant Cymru** "Rocio Cifuentes yw Comisiynydd Plant Cymru. Ei gwaith hi yw helpu holl blant Cymru i fod yn hapus, yn iach ac yn ddiogel"

1. Crewch siarter ysgol gyfan wedi'i seilio ar hawliau. Fe wnaeth un ysgol gynradd yn Abertawe gynnwys rhieni, athrawon a disgyblion i benderfynu ar 10 hawl y bydden nhw'n canolbwyntio arnynt yn eu siarter.
2. Gwahoddwch eich disgyblion i fynd ar daith hawliau o amgylch yr ysgol er mwyn canfod arddangosfeydd sy'n cysylltu â hawliau e.e. cysylltiad rhwng Erthygl 12 â'r Cyngor Ysgol; cysylltiad rhwng Erthygl 24 a bwyd iach. Yna ychwanegwch yr hawliau at yr arddangosfeydd.
3. Gofynnwch i'r disgyblion ystyried hawl eu pen-blwydd a sut maen nhw'n ei phrofi, e.e. os yw eich pen-blwydd ar y 3ydd gallwch chi ddewis Erthygl 3.
4. Cysylltwch hawliau â diwrnodau a digwyddiadau arbennig yn ystod y flwyddyn, e.e. Dydd Gŵyl Dewi a 'dy hawl i gael enw a chenedl', wythnos gwrthfwlio a 'dy hawl i fod yn ddiogel'.
5. Rhowch hawl i bob fîm. Mae angen iddyn nhw ddadlau bod yr hawl hon yn hanfodol. I estyn hynny, gallai'r disgyblion esbonio sut mae eu hawl yn cyflawni egwyddorion arweiniol CCUHP [Diogelu, Datblygu, Dweud eich Dweud, Dal yn Fyw: gallwch lawrlwytho adnodd poster defnyddiol sy'n dangos yr egwyddorion arweiniol o becyn symbolau CCUHP].
6. Ysgrifennwch lythyr at blentyn yn y gorffennol i ddweud sut mae hawliau plant wedi newid. Gallwch chi gysylltu'r dasg hon â chyfnodau hanes rydych chi'n eu hastudio, e.e. Pobl oes Victoria, yr Ail Ryfel Byd.
7. Lluniwch acrostig ar gyfer y gair HAWLIAU.
8. Gall y Llysgenhadon greu arddangosfa am Gomisiynydd Plant Cymru sy'n dangos sut mae cysylltu â'r swyddfa i gael help gyda hawliau. Gallan nhw ddefnyddio ein gwefan ni i gael hyd am adnoddau ychwanegol a'u rhannu gyda'u cymheiriaid.
9. Cysylltwch hawliau plant â'ch hoff lyfrau a ffilmiau, e.e. sut mae Harry Potter neu Matilda yn cael profiad o'i hawliau (neu beidio)?
10. Dewch o hyd i erthygl yn y papur newydd heddiw sy'n ymwneud â hawliau plant.

**Dathlwch eich gwaith trwy drydar ar @complantcymru. Byddwch chi hefyd yn cael hyd i syniadau am sut mae eraill yn addysgu a dysgu am hawliau trwy ddefnyddio #AwrHawliau.**



**Comisiynydd  
Plant Cymru**  
Children's  
Commissioner  
for Wales

**Comisiynydd  
Plant Cymru**  
Children's  
Commissioner  
for Wales