**Right of the month**

Below you will find activities relating to our Right of the Month. The activities can be set to children and young people. Some of the activity suggestions require some forward planning and resources.

**Foundation phase**

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| Month  | Right  | Task  |
| January  | Article 29 – You have the right to be the best you can be. Education must help you develop your skills and talents to the full.  | Ask children to think about one thing they are good at doing. They could share it with you or draw a picture of this.  |
| February  | Article 15 – You have the right to meet with friends and join groups.  | Ask children to talk about their friends. Talk about what makes a good friend. Children could draw a picture of their friend, or write a letter to them.  |
| March | Article 7 – You have the right to a name and a nationality. | Explain to children that in Wales we celebrate St David’s day this month. Work together to cook a tasty traditional Welsh recipe.  |
| April  | Article 24 – You have the right to clean water, healthy food, a clean environment and good healthcare.  | Ask children to name all the ways that they stay healthy. You could try cooking a healthy recipe together or taking part in one of the activities they have named.  |
| May/ June | Article 27 – You have the right to a proper house, food and clothing. Governments must help families who cannot afford to provide this.  | Ask children if they can name different weathers? Ask children if they can name the types of clothing they should wear in different weather. They could draw pictures of the outfits. |
| July / August  | Article 31 – You have the right to relax and play. | Ask children to tell you about their favourite game. Make a list of their favourite games and take turns playing each one.  |
| September  | Article 28 – You have the right to an education.  | Ask children to think about 2 things they are good at and one thing they would like to learn this year.  |
| October  | Article 12 – You have the right to be listened to and taken seriously.  | What emotions do we feel every day? Use lesson 2 from this [resource](https://www.childcomwales.org.uk/wp-content/uploads/2021/06/Bitw-Bach-Lessons-English.pdf) to create a feelings wall with children.  |
| November  | Article 19 – You have the right to be protected from being hurt or badly treated.  | Talk to children about the different people who help keep them safe in their community. After your conversation children could: draw a picture, take part in role play, or write to someone in their community. You could use ideas from this [resource](https://www.childcomwales.org.uk/wp-content/uploads/2021/06/Bitw-Bach-Lessons-English.pdf). |
| December  | Article 14 – You have the right to practice your own religion, as long as you’re not stopping people from enjoying their rights.  | Ask children to speak to someone in their house about the celebrations they have as a family. Make a poster showing one of the celebrations.  |

**Key Stage 2**

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| Month  | Right  | Task  |
| January  | Article 29 – You have the right to be the best you can be. Education must help you develop your skills and talents to the full. | Ask children to think about 5 things they would like to do this year. Ask them to make a list and share it with someone else.  |
| February  | Article 15 – You have the right to meet with friends and join groups.  | Ask children to think about what makes a good friend. Ask children to draw a picture of a friend and write the words around the picture.  |
| March | Article 7 – You have the right to a name and a nationality. | Ask children to think about their name and nationality and create some artwork to reflect them.  |
| April  | Article 24 – You have the right to clean water, healthy food, a clean environment and good healthcare. | Links to World Health Day.Ask children to do one of the following ideas: Think about the food you eat and draw an eat well plate. Think about how we use water so we don’t waste it. Think about people who help you when you feel unwell |
| May/ June | Article 27 – You have the right to a proper house, food and clothing. Governments must help families who cannot afford to provide this. | Ask children to design a house, clothing and shelter. Ask them to think about what a child needs to grow up feeling happy, healthy and safe.  |
| July / August  | Article 31 – You have the right to relax and play. | Ask children to write an alphabetical list of all the things they like to do to relax and play (they could work together in small teams). Take time to try out some of the different activities together.  |
| September  | Article 28 – You have the right to an education. | Ask children to do one of the following activities: Think about 1 new thing you've learnt about and make a poster all about it. Draw a picture of your school and try to link up areas of your school to your rights |
| October  | Article 12 – You have the right to be listened to and taken seriously. | Hold a discussion with children can they think of something in your community that they have a say about? Children could use our [Make a Difference](https://www.childcomwales.org.uk/make-a-difference/) to raise their voice about issues that matter to them.   |
| November  | Article 19 – You have the right to be protected from being hurt or badly treated. | Children could do one of the following activities: Think about the people who keep you safe and make a list Think about bonfire night, could you make a poster about keeping safeThis month is also anti-bullying week, make a piece of art to tell others about it  |
| December  | Article 14 – You have the right to practice your own religion, as long as you’re not stopping people from enjoying their rights. | Ask children to work in small groups to learn about another religion. What are their key beliefs and key celebrations? Children could make a poster to show their learning.  |

**Key Stage 3**

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| Month  | Right  | Task  |
| January  | Article 29 – You have the right to be the best you can be. Education must help you develop your skills and talents to the full. | Ask young people to take a few minutes to think about what they would like to achieve over the next term.Ask them how can you achieve them and who can support you? Ask young people how does your education support you and what's missing? |
| February  | Article 15 -– You have the right to meet with friends and join groups.  | Ask young people what clubs/ groups and organisations already exist in your community? Is there anything missing? |
| March | Article 7 – You have the right to a name and a nationality.  | Ask young people to think about their name and nationality – whether that’s Welsh or another nationality. Create some artwork. Take this a step further - ask young people to think about Article 8 too and what forms their identity. |
| April  | Article 24 – You have the right to clean water, healthy food, a clean environment and good healthcare. | Ask young people to think of 3 things they do to keep a healthy body and mind. Do all young people in Wales get the right support?  |
| May/ June | Article 27 – You have the right to a proper house, food and clothing. Governments must help families who cannot afford to provide this. | Ask young people to do one of the following activities: Thinking about your children’s rights:1. Design your dream home2. Design a meal 3. Design an outfit for yourself. Reflective question: Why should the government support children to get article 27? |
| July / August  | Article 31 – You have the right to relax and play. | Ask young people to think about what they do to relax and the different ways they spend their free time?Could they have a day to share these activities with their peers?  |
| September  | Article 28 – You have the right to an education. | Ask young people to think about their right to education. Do all children and young people experience this right in the same way? Are there any other rights you access as a result of getting an education? |
| October  | Article 12 – You have the right to be listened to and taken seriously. | Ask young people to name people who listen to them and take them seriously. Ask “If you don’t feel like you are being listened to who can support you?” |
| November  | Article 19 – You have the right to be protected from being hurt or badly treated. | Ask young people to think about how they can keep themselves and others safe.You could use [this resource](https://www.childcomwales.org.uk/wp-content/uploads/2019/10/Cyberbullying-Secondary-2019.pdf) to explore bullying.  |
| December  | Article 14 – You have the right to practice your own religion, as long as you’re not stopping people from enjoying their rights. | Ask young people to reflect on the different religions around them, in school or their community. Talk about them as a group. What do you know about this religion? What are their key beliefs? Are there any faith events this time of year? Do you need to learn more about it?  |

**Additional Learning Needs**

Some of these activities may need some scaffolding with symbols/ pictures to support children and young people to take part.

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| Month  | Right  | Task  |
| January  | Article 29 – You have the right to be the best you can be. Education must help you develop your skills and talents to the full. | Ask young people to think about 5 things that they are good at - write or draw them. Then ask young people to talk to someone else in the group about what they are good at – do they have talents in common?  |
| February  | Article 15 -– You have the right to meet with friends and join groups.  | Ask young people to think about 1 of their friends. What makes them special? Draw or write about your friend.  |
| March | Article 7 – You have the right to a name and a nationality. | Ask young people to write their name on a piece of paper. Ask them to think of 5 things that are special or unique about them. Draw or write them around their name. (You could use other materials like clay or sand to write young people’s names).  |
| April  | Article 24 – You have the right to clean water, healthy food, a clean environment and good healthcare. | Work with children and young people to choose a recipe and make it. Talk about the ingredients you are using. “Can you name them?” “Do you know which food group they come from?” |
| May/ June | Article 27 – You have the right to a proper house, food and clothing. Governments must help families who cannot afford to provide this. | Work together to build a shelter/ den. While you are building, ask children and young people to think about their own homes and the people who live with them.  |
| July / August  | Article 31 – You have the right to relax and play. | Ask young people to find out what their friends favourite thing to play is. Take turns to teach each other the favourite games.  |
| September  | Article 28 – You have the right to an education. | Hold a circle time discussion. Ask children and young people “what do you like learning about?” |
| October  | Article 12 – You have the right to be listened to and taken seriously. | Use this [resource](https://www.childcomwales.org.uk/wp-content/uploads/2019/04/Lesson-6-Have-your-say.pdf) to explore article 12.  |
| November  | Article 19 – You have the right to be protected from being hurt or badly treated. | Use this [resource](https://www.childcomwales.org.uk/wp-content/uploads/2019/04/Lesson-5-People-who-can-help-us.pdf) to explore safe.  |
| December  | Article 14 – You have the right to practice your own religion, as long as you’re not stopping people from enjoying their rights. | Preparation: Gather pictures of different religious buildings. Ask children to talk about the buildings and what they can see. You could plan a trip to a religious building.  |