



Datganiad Manyleb Plant a Phobl Ifainc

Cafodd plant a phobl ifainc â phrofiad o fod mewn gofal eu holi am yr hyn sy'n bwysig iddyn nhw wrth fyw mewn cartref plant a'r hyn sy'n gwneud cartref da.

Dywedon nhw:

**“Ein bod ni’n teimlo cariad a chefnogaeth.
Ein trin ni fel rhan o deulu.”**

**“Deall pethau o’n safbwyt ni.
Ein derbyn ni a pheidio ein beirniadu ni.”**

“Bod yn hwyl ac annog rhagor o weithgareddau.”

**“Cyfathrebu a bod yn onest.
Gofyn i ni sut roedd ein diwrnod yn yr ysgol. Siarad â ni.”**

“Annog ein diddordebau.”

“Ein cefnogi a’n harwain ni.”

“Rhoi o’ch amser i ddeall y pethau rydyn ni’n eu hwynebu.”

“Bod yn deg. Bod yn garedig.”

“Herio ac eirioli ar ein rhan er ein lles gorau.”

“Rhoi cartref i ni lle rydyn ni’n teimlo’n ddiogel.”

“Cael hwyl ac annog rhagor o weithgareddau.”

“Credu ynom ni.”

**“Annog ein huchelgeisiau. Datblygu
cefnogaeth a chysylltiadau allanol i ni.”**

“Annog a hwyluso cyswilt rhwng teuluoedd.”

“Parchu ein gofod personol. Parchu ein ffiniau.”

“Parchu ein barn a’n penderfyniadau.”

**“Gadael i ni wneud camgymeriadau er mwyn i ni ddysgu.
Ein trin ni fel plentyn neu berson arferol yn ei arddegau.”**

**“Cyflogi cynhalwyr sy’n ein cefnogi wrth fyw yno,
peidio â cholli ffydd ynom ni a pharhau i’n cefnogi
ar ôl i ni symud allan.”**

Child & Young Person's Specification Statement

Care experienced children and young people were asked what they feel is important to them while living in a children's home and what their specification for a good home would be

They told us this:

**“Let us feel loved and supported.
Treat us as part of a family.”**

**“Understand things from our point of view.
Be accepting and non-judgmental.”**

“Be fun and encourage more activities.”

**“Communicate and be honest.
Ask us how our day went in school. Talk with us.”**

“Encourage our interests.”

“Support and guide us.”

“Take time to understand things we are facing.”

“Be fair. Be kind.”

“Challenge and advocate for us in our best interests.”

“Provide a home we can feel safe and secure in.”

“Be fun and encourage more activities.”

“Believe in us.”

**“Encourage our dreams. Develop outside
support and links for us.”**

“Encourage and enable family contact.”

“Respect our personal space. Respect our boundaries.”

“Respect our opinion and decisions.”

**“Allow us to make mistakes for us to learn.
Treat us like a normal child or teen.”**

**“Employ carers who support us whilst
living there, don’t give up on us and still
support us when we move out.”**

