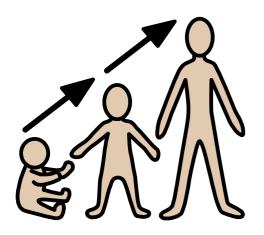


Sally Holland is the Children's Commissioner for Wales



Sally's job is to make sure you get your children's rights.



Children's rights are the things that you need to grow up happy, healthy and safe.

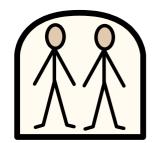




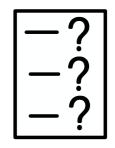
When we all had to stay at home.



Sally wanted to know how you felt.



Sally worked with other organisations to ask you questions.



The questions were put in a survey.



Over 23,000 children and young people answered the survey.





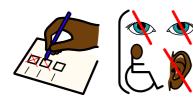
In this information we are sharing the views of disabled children and young people.

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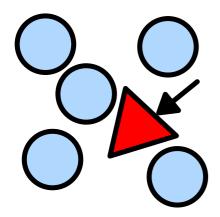


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Children's Commissioner for Wales



We have looked at the answers from children and young people who said they have disabilities.



We have looked to see if they felt different about things to children and young people who said that they did not have a disability.



Disabled children and young people told Sally about good and bad things that happened when they stayed at home.



Disabled children and young people enjoyed different things at home.



They enjoyed:



• talking to their family and friends



exercise



doing activities from school



play and being creative





Disabled children and young people found some things at home more difficult.

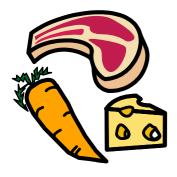
They wanted:



more support to go online and do school work



more information about things to do at home

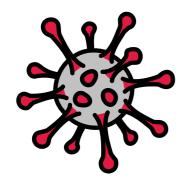


help to get the food they needed.

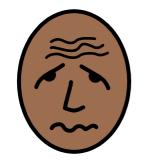




Disabled children and young people were more likely to:



feel worried about Coronavirus



• feel sad and worried



 miss other services that they normally go to





 feel less confident about doing school work.

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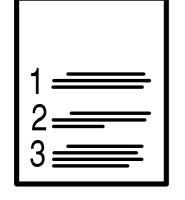
Children's Commissioner for Wales



What will Sally do next?



Sally will ask Welsh Government to think about how they can support children and young people who need extra help to do their school work.



Sally will keep asking Welsh Government to work on a plan to make sure all children and young people get the food they need.



Sally wants services to make their information clear so disabled children and young people can get support when they are sad or worried.

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