

# Coronavirus and Me 2

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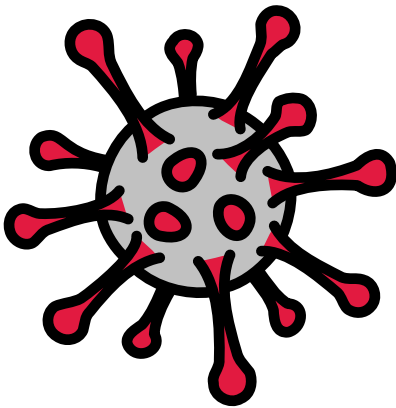


**Comisiynydd  
Plant Cymru**  
Children's  
Commissioner  
for Wales



This report is from the Children's  
Commissioner for Wales.

The report is about the results of our  
nationwide survey.



Our survey asked questions about the  
coronavirus. It asked children and young  
people to tell us their opinion about how  
they felt about having to stay at home.

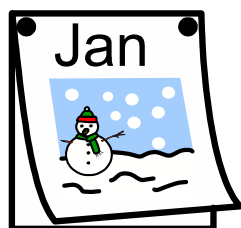


# The survey

This is the second time we have held a survey about the coronavirus.



The first survey was in May 2020, we had almost 24,000 children and young people tell us their views.



This time 19,500 children and young people told us what they thought about their experiences of the coronavirus and staying at home.



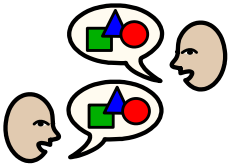
We added some new questions to our survey about learning at home.

We kept most of the other questions the same so that we can see if there was a difference in the answers from May 2020.

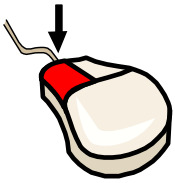


# How to use this information

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We have broken our results down into different topics.



You can click on a topic you are interested in to find out more.

The topics are:

- Feelings
- Extra help
- Healthy body and mind
- Learning
- Getting information and speaking to people
- Welsh language
- Play



# Groups

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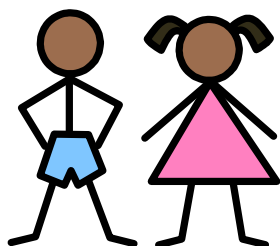
When we looked at the results, we realised that different groups of children and young people had different experiences.

You can find out more about the experiences of those groups by clicking on them:

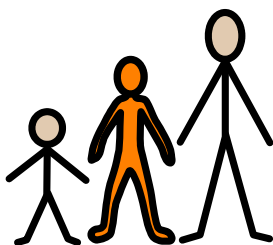
- Children aged 3 to 7
- Black, Asian and Minority Ethnic (BAME) children and young people
- Disabled children and young people



In this report:



Children = age 7 to 11



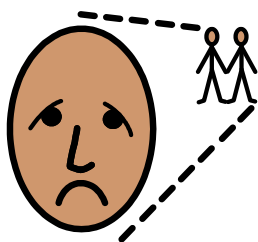
Young people = age 12 - 18



# Feelings



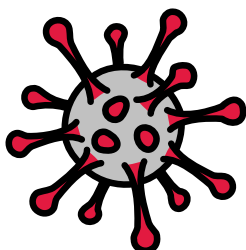
Lots of children and young people have strong feelings about having to spend most of their time at home.



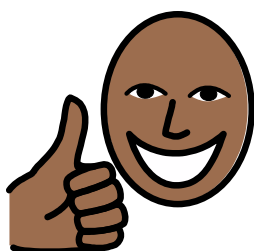
A lot of children and young people report that they are feeling lonely. Over a quarter of young people aged 12-18 say they are feeling lonely most of the time.



We noticed that children told us they felt happier, safer and less worried than older young people.



Many children and young people have worries about the virus. They worry about people they care about getting ill and also how long it will all go on.



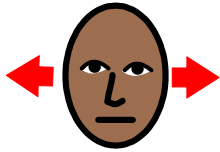
Not all children and young people are unhappy.

Some children and young people are enjoying time with their family and learning at their own pace.



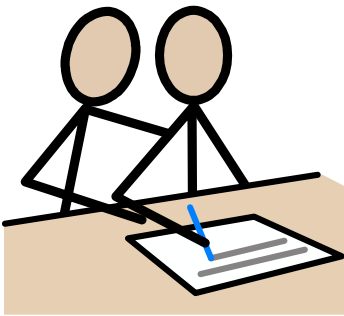
# Extra help

We asked children and young people "what extra help do you think you need at this time?".

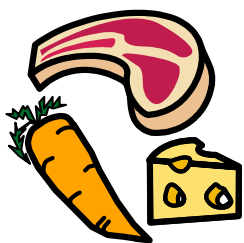


Around one third of children and young people say that they don't need any extra help at this time.

These are the top three ways children and young people want extra help:



- Support to make you feel happy and well
- Support to do school work
- More information about things you can do at home

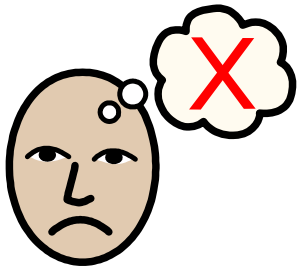


Some children and young people also want help for their family to get the food they need.

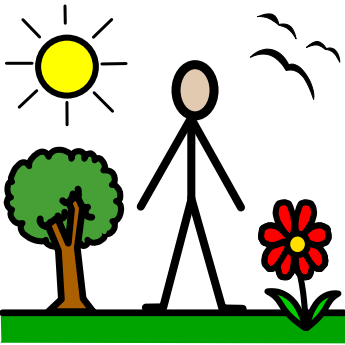




# Healthy body and mind



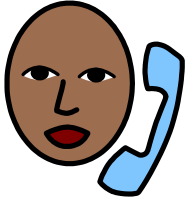
Children don't always know where to go for help to keep happy and well.



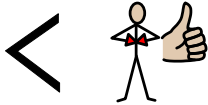
Most children and young people say they are exercising outdoors to keep a healthy body and mind.



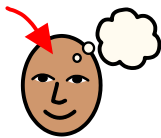
# Learning



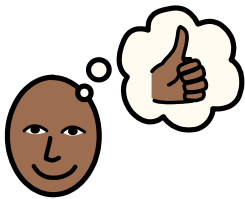
Children and young people have nearly all been contacted by their school or college.



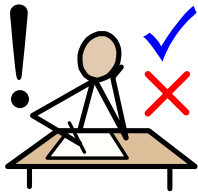
Children and young people are feeling less confident about their learning now than in May. Older children feel less confident than younger children about learning.



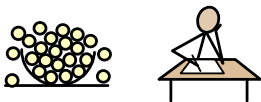
Around half of young people like learning at their own pace.



Around half of young people are positive about the support they are getting from teachers.



But more than half of young people are worried about falling behind. More than half are also worried about qualifications.



Over half of young people don't feel motivated to do school work at home. Some young people also feel that they are getting too much work.

# Getting information and speaking to people



Most children and young people are getting information about the virus from their family, or from the TV.



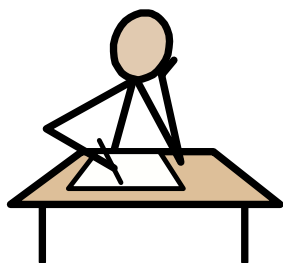
Most children and young people say their internet connection is fast enough to do the things they need to online.



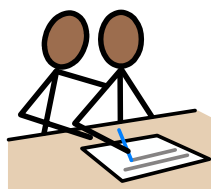
Some children and young people say their internet is not good enough for video calls like Teams or Zoom.



# Welsh language



Most children and young people say they use Welsh at home when they do school work and activities.



Some children and young people want more help to use Welsh at home.



# Play



More children and young people say they have less time to relax and play compared to last time.



Young people say they are enjoying talking to friends, online gaming, and exercise.



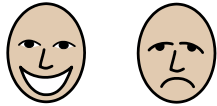
Children say they miss playing outside with friends.



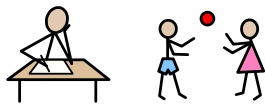
Children say they enjoy playing games online.



# Children aged 3 to 7



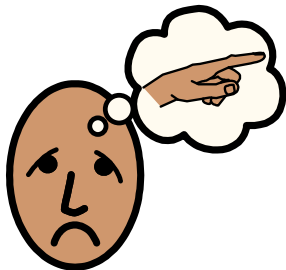
Lots of children aged 3 to 7 are happy. But most children aged 3 to 7 say they feel sad or a mixture of sad and happy.



Children aged 3 to 7 are spending most of their time doing school work, playing and spending time with family.



Children aged 3 to 7 say parents, grandparents, siblings, pets and aunts/ uncles are keeping them safe.



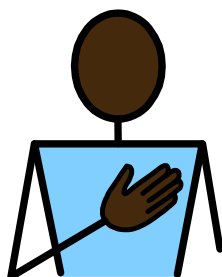
Children aged 3 to 7 miss their friends, family and school.



## Black, Asian and Minority Ethnic (BAME) children and young people



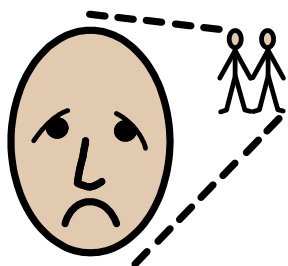
BAME children are more likely to want more information on coronavirus and on rules to keep them safe.



BAME children are more likely to say the changes to learning and exercise have had the most impact on how they feel.



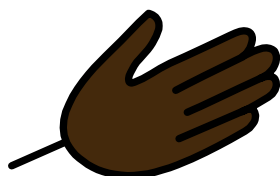
# Disabled children and young people



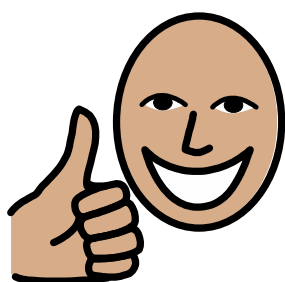
Disabled children and young people are more likely to feel lonely.



Disabled children and young people are more likely to feel sad.



Disabled children are more likely to say they need want extra help to make them feel happy and well.



Just like non-disabled children, around half of disabled children are enjoying learning at their own pace and around half feel positive about the support from their school or college.

