

# Llyfr Gwaith Hawliau Plant

Fy enw i yw: \_\_\_\_\_

Tynnwch lun ohonoch chi eich hun:



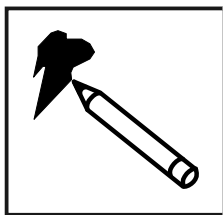
Mae gen i hawl i hunaniaeth

Widgit Symbols © Widgit Software 2002 - 2019 [www.widgit.com](http://www.widgit.com)



**Comisiynydd  
Plant Cymru**  
Children's  
Commissioner  
for Wales

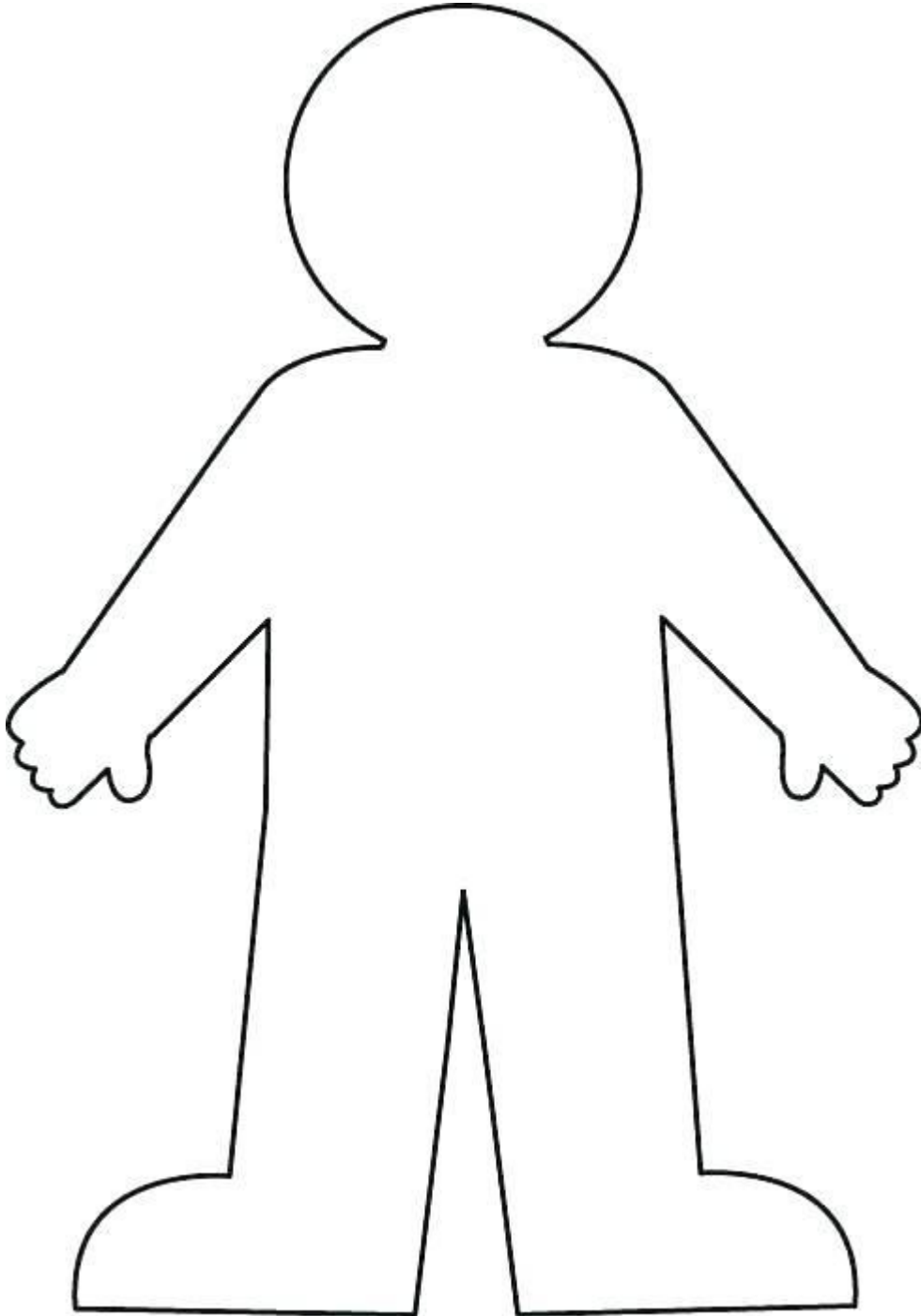
# Eisiau ac Angen



Lliwiwch y pethau sydd eu HANGEN arnoch chi i dyfu i fyny'n teimlo'n hapus, yn iach ac yn ddiogel



Tynnwch lun o'r pethau sydd eu HANGEN arnoch chi i dyfu i fyny'n teimlo'n hapus, yn iach ac yn ddiogel.



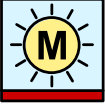
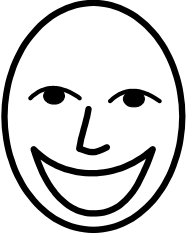
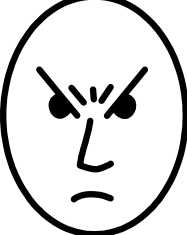

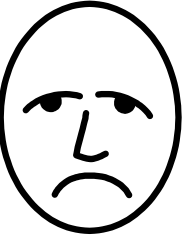

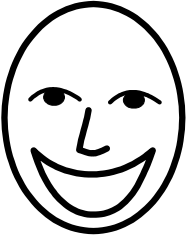
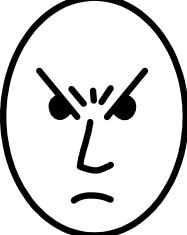

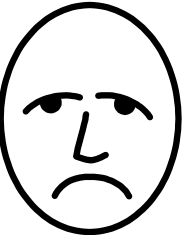

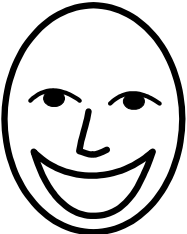
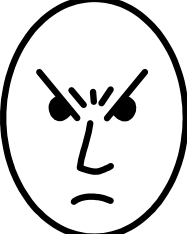

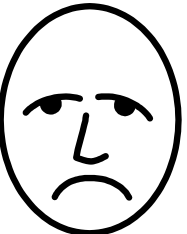
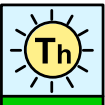
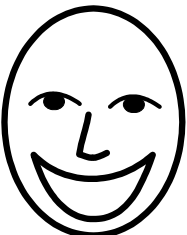


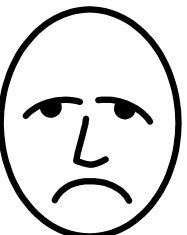
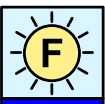
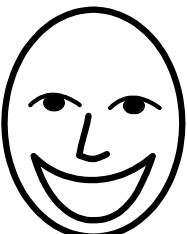
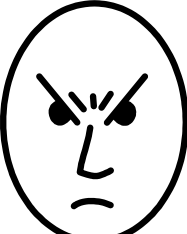

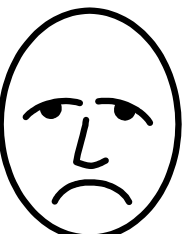
Widgit Symbols © Widgit Software 2002 - 2019 [www.widgit.com](http://www.widgit.com)



**Comisiynydd  
Plant Cymru**  
Children's  
Commissioner  
for Wales

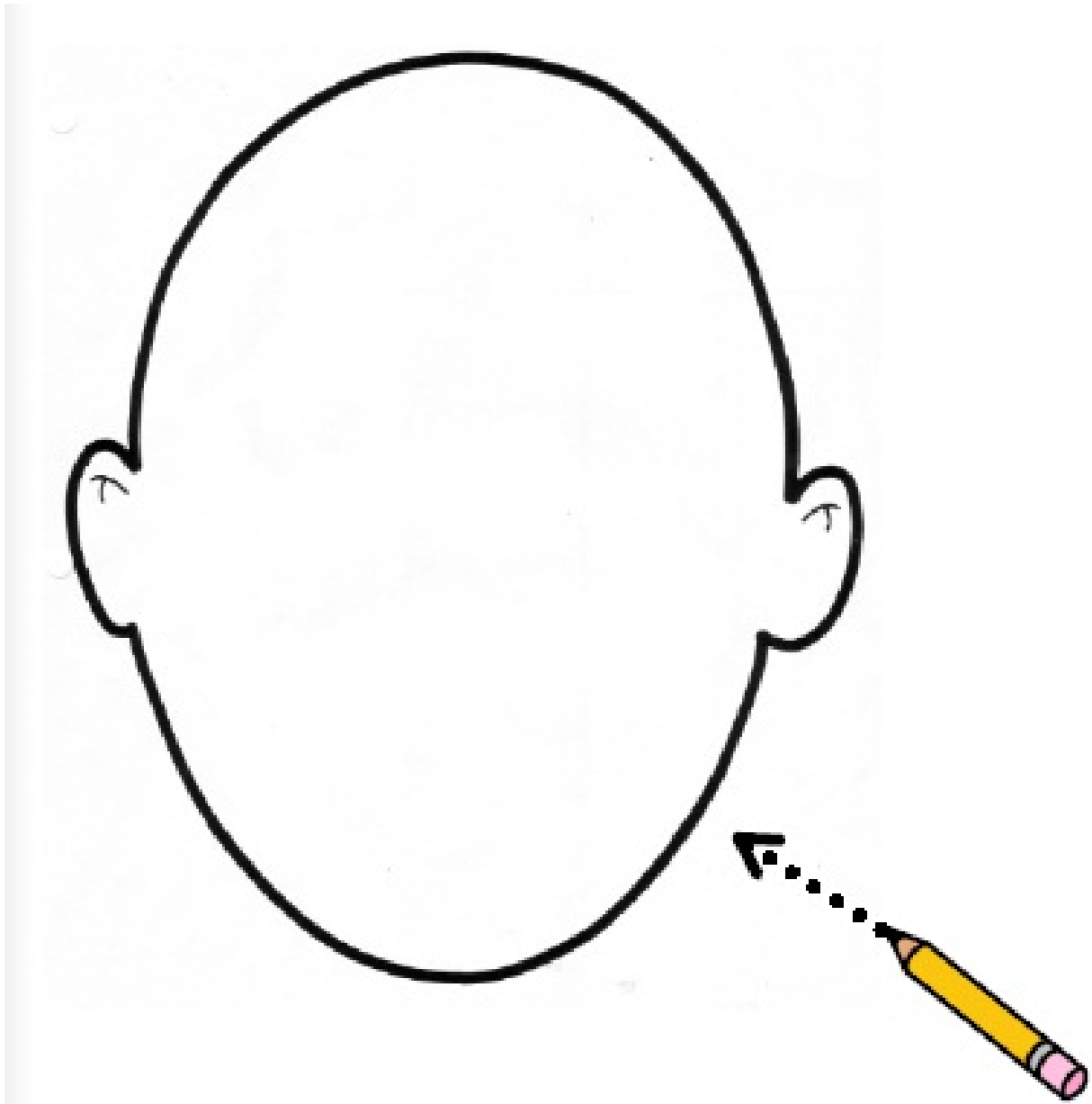
# Fy Emosiynau

Lliwiwch un o'r wynebâu i ddangos sut rydych chi'n teimlo.

 Dydd Llun				
 Dydd Mawrth				
 Dydd Mercher				
 Dydd Iau				
 Dydd Gwener				



# Fy Emosiynau



Rwy'n teimlo'n \_\_\_\_\_ pan \_\_\_\_\_

---

---



# Rwy'n hoffi chwarae

*Beth yw eich hoff beth i chwarae yn y tŷ? Ysgrifennwch neu tynnwch lun ohono yn y blwch*








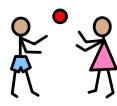
Mae gen i hawl i ymlacio a chwarae

Widgit Symbols © Widgit Software 2002 - 2019 [www.widgit.com](http://www.widgit.com)



**Comisiynydd  
Plant Cymru**  
Children's  
Commissioner  
for Wales

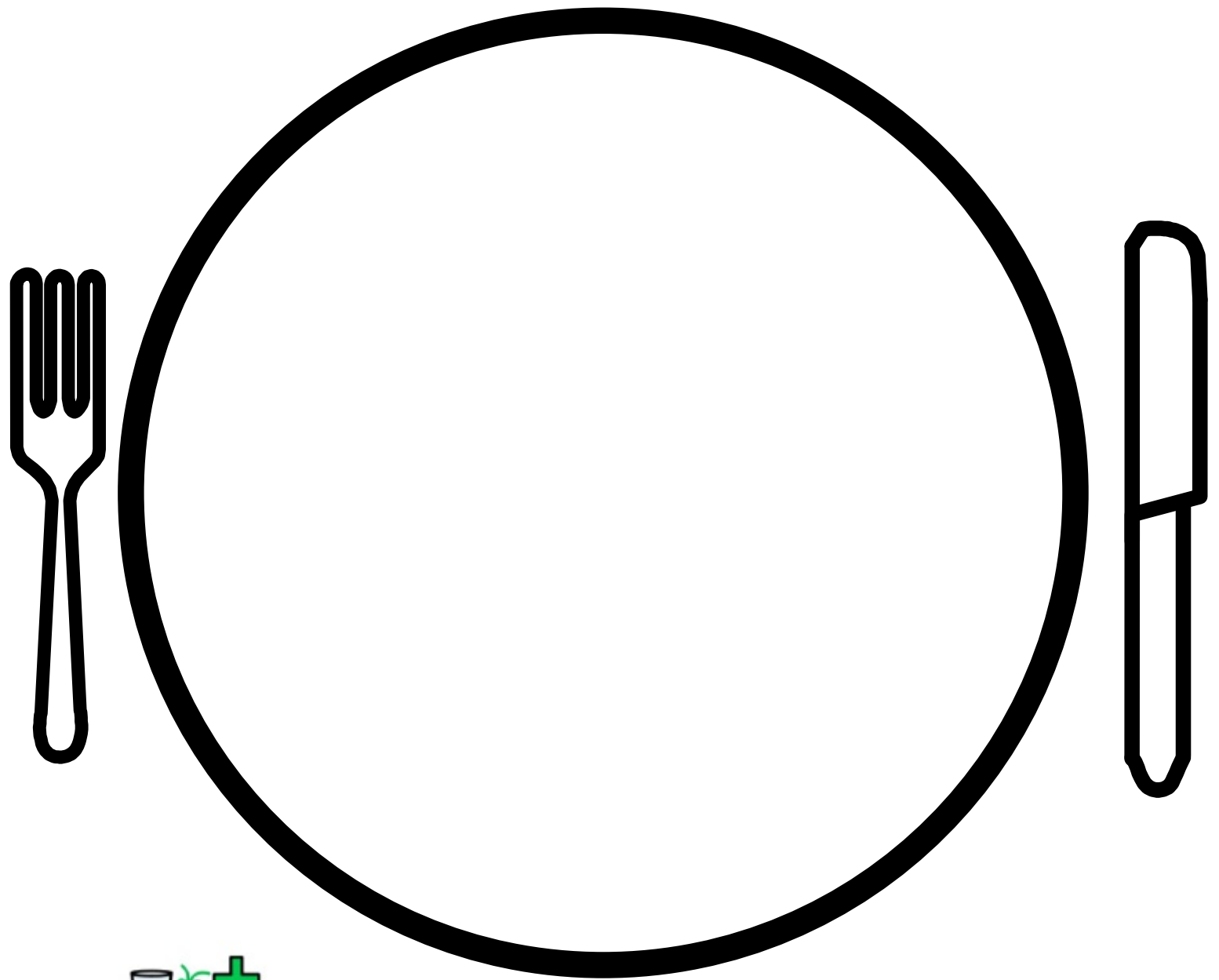
Gofynnwch i'r bobl yn eich tŷ "Beth yw eich hoff beth i chwarae?"

 Enw	     Fy hoff beth i chwarae yw:



# Fy hoff swper iach.

*Tynnwch lun o'ch hoff swper iach ar y plât.*



Mae gen i hawl i fwyd iach

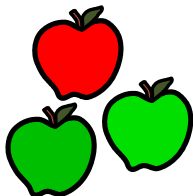
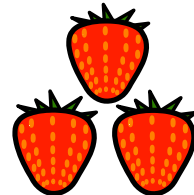
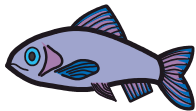
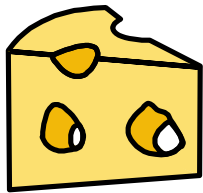
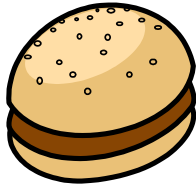
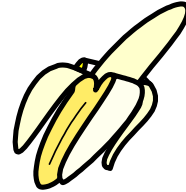
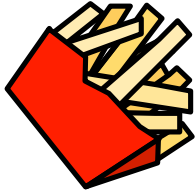




# Iach ac Afiach

Ysgrifennwch restr o fwyd iach ac afiach. Mae lluniau ar y dudalen nesaf i'ch helpu.





# Y Tri Mochyn Bach

*Gwrandewch ar stori'r Tri Mochyn Bach. Tynnwch lun o le diogel i'r Tri Mochyn Bach gael byw.*



# Fy Nhŷ

Rwy'n byw gyda \_\_\_\_\_

Mae \_\_\_\_\_ ystafell yn fy nhŷ i.

Mae ganddon ni \_\_\_\_\_ anifail anwes.

Fy hoff beth i'w wneud yn y tŷ yw:



Mae gen i hawl i dŷ addas, bwyd a dillad.



Tynnwch lun o rywun sy'n helpu i'ch cadw chi'n ddiogel.

Mae \_\_\_\_\_ yn helpu i fy nghadw i'n ddiogel.



Mae gen i hawl i fod yn ddiogel

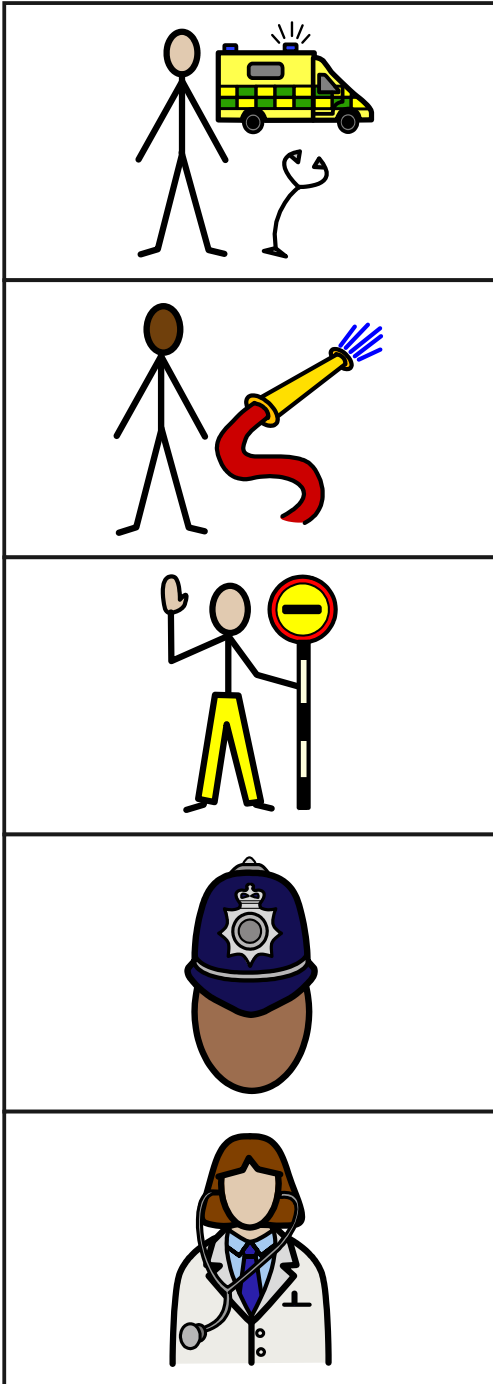
Widgit Symbols © Widgit Software 2002 - 2019 [www.widgit.com](http://www.widgit.com)



**Comisiynydd  
Plant Cymru**  
Children's  
Commissioner  
for Wales

# Pobl sy'n fy helpu i

*Cysylltwch y person gyda'r disgrifiad.*



Maen nhw'n eich helpu i  
groesi'r ffordd

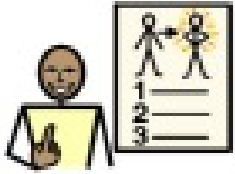
Maen nhw'n gyrru  
ambiwllans at bobl sâl  
neu bobl sydd wedi brifo

Maen nhw'n ein helpu ni  
gyda phroblem,  
argyfwng, a'r gyfraith

Maen nhw'n achub pobl  
ac yn diffodd tân

Maen nhw'n eich helpu  
chi pan fyddwch chi'n  
sâl





**Mae gen i hawl i fod y gorau y galla i fod**

*Tynnwch lun neu ysgrifennwch rywbeth rydych chi'n dda yn ei wneud.*

A large empty rectangular box with a blue border, intended for drawing or writing.



# Fy Ffrind

Meddyliwch am eich ffrind. Beth maen nhw'n dda yn ei wneud?

Mae \_\_\_\_\_ yn dda am \_\_\_\_\_.

Tynnwch lun yma:

