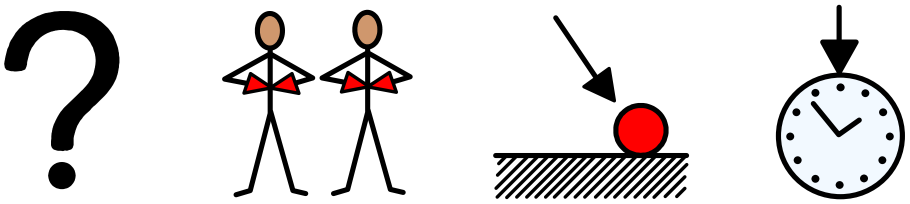
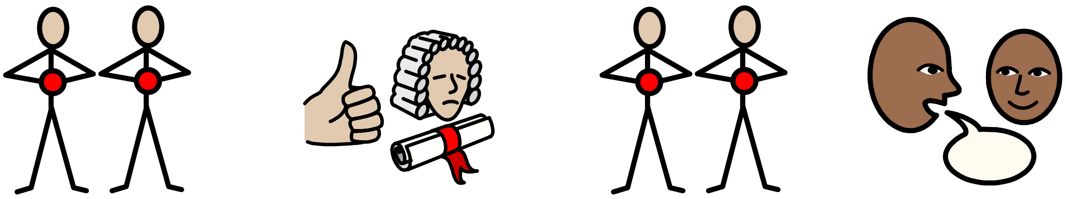
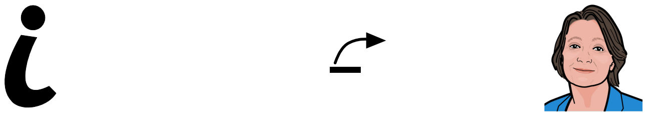


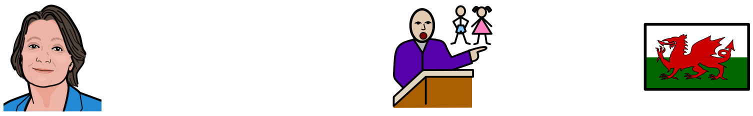
Ydyn ni yno eto? -



Ein hawliau ein llais.



Mae'r wybodaeth yma oddi wrth Sally Holland.



Sally Holland yw Comisiynydd Plant Cymru.

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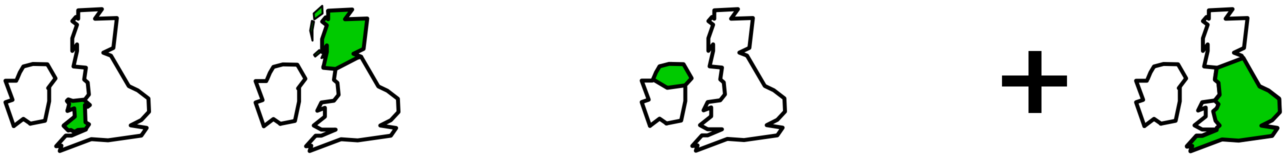
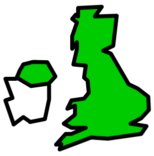
Fe wnaethon ni siarad â phlant a phobl ifanc o



Gymru, yr Alban, Gogledd Iwerddon a Lloegr.

Weithiau mae'r gwledydd yma yn cael eu galw yn



Deyrnas Unedig. (UK).

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Fe ofynnon ni gwestiynau iddyn nhw am eu hawliau plant.

Hawliau plant yw'r pethau rydych chi angen i dyfu i fyny i deimlo'n hapus, yn iach, ac yn ddiogel.

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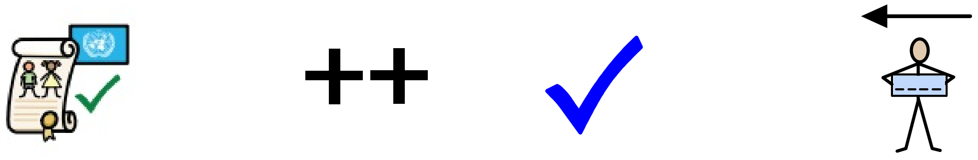
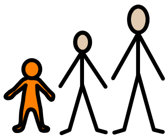


Mae hawliau plant hefyd yn gallu cael eu galw'n

Gonfensiwn y Cenhedloedd Unedig ar Hawliau'r



Plentyn.

Weithiau byddwch chi'n gweld yr enw CCUHP.

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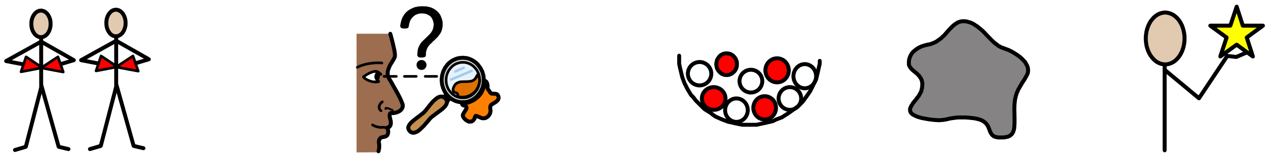
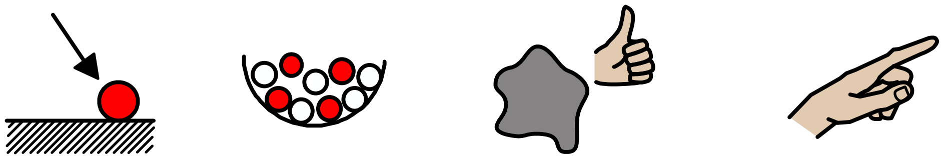
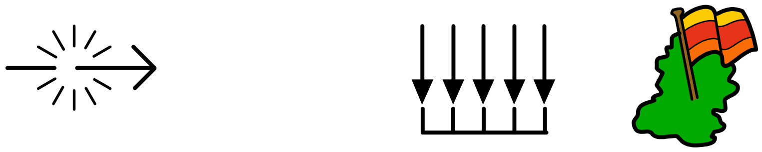


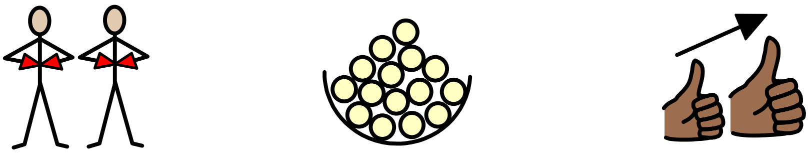
Rydyn ni wedi darganfod rhai pethau pwysig.



1. Mae yna rai pethau da wedi bod



yn digwydd ym mhob gwlad. Ond



mae gennym ni lawer i'w wella.

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2. Dyw llawer o bobl ifanc ar draws y Deyrnas Unedig ddim yn gwybod beth yw CCUHP.

3. Dyw rhai plant a phobl ifanc ddim yn cael eu trin yn deg. Dydyn nhw ddim yn cael pob un o'u hawliau plant.

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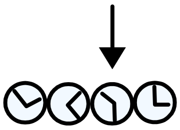
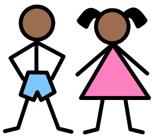
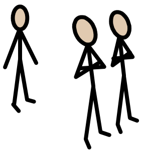
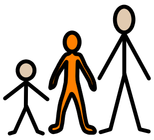
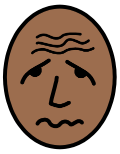
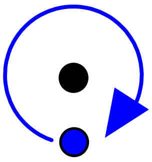
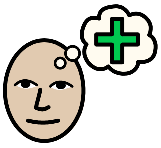
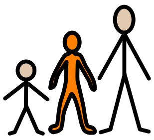
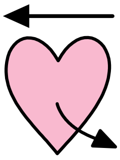
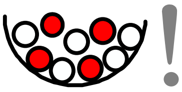
  

4. Weithiau mae plant yn cael eu hanwybyddu

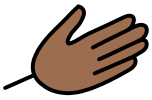
neu ddim yn cael eu cymryd o ddifri.

5. Roedd pobl ifanc yn poeni am

iechyd meddwl. Roedd pobl ifanc eisiau mwy



o gefnogaeth a gwell gofal.

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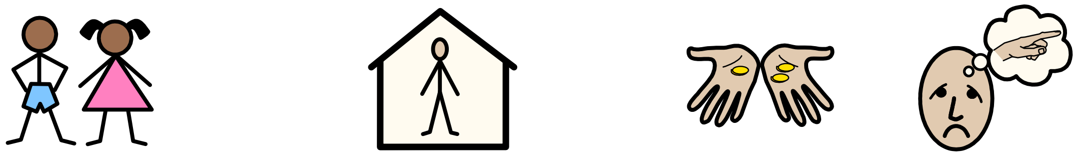
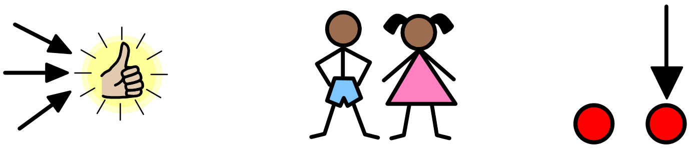


6. Mae plant sy'n byw mewn tlodi yn colli'r



cyfleoedd mae plant eraill yn cael.

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Beth fydd Sally'n gwneud gyda'r wybodaeth?

Bydd Sally'n rhoi'r wybodaeth i'r Cenhedloedd Unedig fydd yn dweud wrth lywodraeth y Deyrnas Unedig sut i wella.

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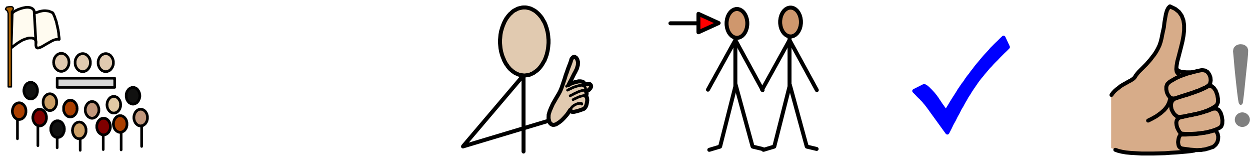
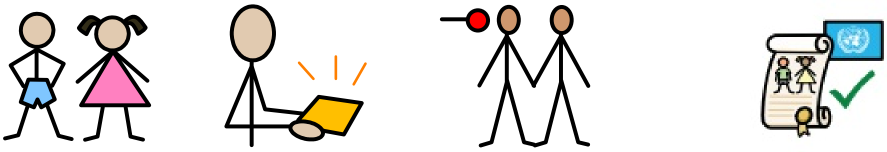
Mae'r Cenhedloedd Unedig yn dweud wrth y



llywodraeth beth ddylen nhw wneud yn well



fel bod plant yn cael eu hawliau plant.

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