

# Coronavirus and Me:

Young people aged 15 - 18  
'Coronavirus and Me'  
Workshop



## Aims of workshop

- Share findings from survey
- To enable children and young people to discuss and reflect on their lockdown experiences with professionals in their setting
- Discuss any new challenges young people have
- Discuss next steps for young people and those that work with them

This workshop links with our briefing on the experiences of the coronavirus pandemic and lockdown of young people aged 15-18.

**Note:** This session may involve discussions which bring up difficult experiences and emotions for children and young people. Begin the session with some ground rules for group discussion and ensure that you have information to support the children and young people you are working with.

You may want to do this workshop as a follow-on from our [Student Ambassadors 11-16 workshop](#) on the 'Coronavirus and Me' survey.



# Workshop

Learning outcome	Activity	Time/Resource
<b>Introduction</b>	<p>Sally Holland is the Children’s Commissioner for Wales. Her job is to stand up for and safeguard the rights of children and young people in Wales. Everyone under the age of 18 has 42 rights, which you can see using the <a href="#">poster</a>.</p> <p>In May 2020, Sally launched a survey to find out young people’s experiences during the coronavirus pandemic. Over 23,000 children and young people responded to the survey. Over 4,000 of these were from young people aged 15 – 18. The aim of this workshop is for you to have the opportunity to look at the findings and reflect on the experiences of young people from this age group.</p>	<b>5 minutes</b>
<b>Share key findings of survey</b>	<p>In small groups, sort these key findings into ‘true’ and ‘false’ categories (appendix). The correct answers are below.</p> <p>TRUE:</p> <ul style="list-style-type: none"><li>• The biggest impact on how 15-18 year olds felt was not being able to spend time with friends (71%)</li><li>• Only 16% of young people were happy that exams were cancelled.</li><li>• Young people were generally more concerned about the impact of the virus on other people than on themselves.</li></ul> <p>FALSE:</p> <ul style="list-style-type: none"><li>• 56% of young people were happy that exams were cancelled.</li><li>• Most young people felt confident in their learning during this time.</li><li>• 74% of young people felt unsafe during the coronavirus crisis.</li></ul>	<b>10 minutes</b>

<p><b>Think about experience of Coronavirus in context of rights</b></p>	<p><b>Choose one of the following topics:</b></p> <ul style="list-style-type: none"> <li>• Should internet access be a human right for young people?</li> <li>• Has the coronavirus pandemic had a positive or negative impact on social relationships?</li> <li>• Should a blended approach to learning (i.e. a mix of learning online and in person) continue?</li> </ul> <p>You could either have a class discussion, or, ask young people to discuss the question in small groups and feedback to the rest of the class.</p> <p>Young people could use the following to illustrate their arguments:</p> <ul style="list-style-type: none"> <li>• Findings from the survey</li> <li>• Their own experiences</li> <li>• News stories</li> <li>• <a href="#">UNCRC poster</a></li> </ul>	<p><b>20 minutes</b></p>
<p><b>Reflect on discussion</b></p>	<p>Feedback the key points from the class/group discussion.</p> <p>Think about how governments can ensure that young people are not negatively affected by some of the things discussed? Is there anything that could change in your school/college/setting?</p> <p>Come up with some ideas as a class.</p>	<p><b>15 minutes</b></p>
<p><b>Close</b></p>	<p>Decide if there are any actions to take following class discussion/plan. You can find more ideas for making a change in our <a href="#">‘Make a Difference’</a> resource.</p>	<p><b>10 minutes</b></p>

**Cut out and mix up these statements.**

**Then, in small groups, sort the statements below into 'TRUE' and 'FALSE' categories.**



- 1. Not being able to spend time with friends had the biggest impact on how 15-18 year olds felt.**

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- 2. Only 16% of young people were happy that exams were cancelled.**

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- 3. Young people were generally more concerned about the impact of the virus on other people than on themselves.**

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- 4. 56% of young people were happy that exams were cancelled.**

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- 5. Most young people felt confident in their learning during this time.**

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- 6. 74% of young people felt unsafe during the coronavirus crisis.**

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