**Manylion cyswllt gwasanaethau cwnsela yn yr ysgol ac yn y gymuned**

|  |  |
| --- | --- |
| **Awdurdod Lleol** | **Cyfeiriad gwefan** |
| Ynys Môn | <https://adyach.cymru/cy/Rhieni/Gwasanaethau/Cynhwysiad/Cwnsela/Cwnsela.aspx> |
| Blaenau Gwent | <https://www.blaenau-gwent.gov.uk/cy/preswylwyr/ysgolion-a-dysgu/gwasanaethau-ieuenctid/cynghori/> |
| Pen-y-bont ar Ogwr | <https://www.bridgend.gov.uk/cy/fy-nghyngor/blaenoriaethau-a-pherfformiad-y-cyngor/coronafeirws-covid-19-cyngor-ar-wybodaeth-ddiweddaraf/gwasanaeth-cwnsela-i-bobl-ifanc> |
| Caerffili | <https://www.caerphilly.gov.uk/Services/Schools-and-learning/School-counselling-service?lang=cy-gb> |
| Caerdydd | [www.kooth.com](https://eur01.safelinks.protection.outlook.com/?url=http%3A%2F%2Fwww.kooth.com%2F&data=02%7C01%7CKhalid.Afzal%40gov.wales%7C10cf93de73d94c26fb8808d7d6de3502%7Ca2cc36c592804ae78887d06dab89216b%7C0%7C0%7C637214122169179224&sdata=TVy%2ByOfXfbT0HnjwWATshLgislWoislGr%2FWYG66NTN0%3D&reserved=0) |
| Sir Gaerfyrddin | [www.area43.co.uk/cy/cyfeirio](http://www.area43.co.uk/cy/cyfeirio) |
| Ceredigion | [www.area43.co.uk/cy/cyfeirio](http://www.area43.co.uk/cy/cyfeirio) |
| Conwy | [conwyalnadvice5@hwbcymru.net](mailto:conwyalnadvice5@hwbcymru.net) |
| Sir Ddinbych | <https://www.denbighshire.gov.uk/cy/preswyliwr/addysg/cwnsela/cwnsela-i-blant-a-phobl-Ifanc.aspx> |
| Sir y Fflint | [https://www.flintshire.gov.uk/en/PDFFiles/Lifelong-Learning/Schools/Help4YP/Young-Peoples-Counselling-Service.pdf](https://eur01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.flintshire.gov.uk%2Fen%2FPDFFiles%2FLifelong-Learning%2FSchools%2FHelp4YP%2FYoung-Peoples-Counselling-Service.pdf&data=02%7C01%7CKhalid.Afzal%40gov.wales%7Cfec29d301c7d4f0c926608d7d7b98456%7Ca2cc36c592804ae78887d06dab89216b%7C0%7C1%7C637215064122026664&sdata=RR3AbMFBob3PYSPhnP2%2Fy2vBmLu%2BNdc4EAGM4m%2FMGM0%3D&reserved=0) |
| Gwynedd | <https://adyach.cymru/cy/Rhieni/Gwasanaethau/Cynhwysiad/Cwnsela/Cwnsela.aspx> |
| Merthyr Tudful | <https://www.merthyr.gov.uk/resident/schools-and-learning/counselling/?lang=cy-GB&> |
| Sir Fynwy | [facetoface@monmouthshire.gov.uk](mailto:facetoface@monmouthshire.gov.uk) |
| Castell-nedd Port Talbot | [http://www.npted.org/jigsaw/Pages/default.aspx](https://eur01.safelinks.protection.outlook.com/?url=http%3A%2F%2Fwww.npted.org%2Fjigsaw%2FPages%2Fdefault.aspx&data=02%7C01%7CKhalid.Afzal%40gov.wales%7C18c764a4205a4d540a9808d7e05fb9ef%7Ca2cc36c592804ae78887d06dab89216b%7C0%7C0%7C637224574059868467&sdata=BskvRxgqqMqXk7R23g7rrDMxEKcJ34s8uTBsMh5Az6I%3D&reserved=0) |
| Casnewydd | <https://www.talkingzone.co.uk/cymraeg> |
| Sir Benfro | <https://www.sir-benfro.gov.uk/gwasanaeth-cynhwysiant-ac-ady> |
| Powys | w[ww.koothf2f.com](https://eur01.safelinks.protection.outlook.com/?url=http%3A%2F%2Fwww.koothf2f.com%2F&data=02%7C01%7CKhalid.Afzal%40gov.wales%7Cba043b8da48c436f5b7a08d7dc8f9c45%7Ca2cc36c592804ae78887d06dab89216b%7C0%7C0%7C637220381672067309&sdata=2WZ9GPy1yI%2FAOA4Sdd3VH5%2BlaZ1Z6ONPJK2yLHuoc%2Bw%3D&reserved=0) |
| Rhondda Cynon Taf | [https://www.eyetoeye.wales/](https://eur01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.eyetoeye.wales%2F&data=02%7C01%7CKhalid.Afzal%40gov.wales%7C470f1bd0c3a4448ca5f408d7e05ba29e%7Ca2cc36c592804ae78887d06dab89216b%7C0%7C0%7C637224556476926631&sdata=ylY0vidBZk63XTdd7I2%2BMPuJPsNpTmVLfdHZ57yp%2FF4%3D&reserved=0) |
| Abertawe | <https://www.exchange-counselling.com/contact_us> |
| Torfaen | [https://www.facebook.com/Torfaen-Young-Peoples-Counselling-Service-109172984050900/](https://eur01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.facebook.com%2FTorfaen-Young-Peoples-Counselling-Service-109172984050900%2F&data=02%7C01%7CKhalid.Afzal%40gov.wales%7C84c410398ddb426f2ad408d7d616c45b%7Ca2cc36c592804ae78887d06dab89216b%7C0%7C0%7C637213265580266870&sdata=gB0gOyR2orfSmKKVh%2FrleSI%2FnTcEztjwfNCgSMu3uaA%3D&reserved=0) |
| Bro Morgannwg | [https://www.barnardos.org.uk/what-we-do/services/vale-school-and-community-based-counselling-service](https://eur01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.barnardos.org.uk%2Fwhat-we-do%2Fservices%2Fvale-school-and-community-based-counselling-service&data=02%7C01%7CKhalid.Afzal%40gov.wales%7Cdcf29807e6b44e2f72b608d7d7da6031%7Ca2cc36c592804ae78887d06dab89216b%7C0%7C0%7C637215205230387821&sdata=1LSzjvQGtuD7ZYfCjxZwHKiuqlk66uOeda6e1%2FrcH4M%3D&reserved=0) |
| Wrecsam | <http://youngwrexham.co.uk/cy/info/mental-health/cwnsela/> |