



OUR OFFER

**Voices From Care Cymru's
virtual engagement plan for care
experienced children and young people
during the COVID-19 disruptions.**

This is an unprecedented time for us all, the impact of the COVID-19 for care experienced children, young people, foster carers and social services will be significant. We know that many young people will feel lonely and isolated due to the impact of COVID-19 and in some cases may be in self-isolation. Like many other organisations Voices From Care Cymru office's are temporarily closed as we are following the Governments advice.

We are fully operational and are still supporting the care experienced community in Wales. Our delivery model will have to change for the foreseeable future. This document outlines how we intend to do this. We will endeavour to be as flexible as we can in the coming weeks and months as we know this is a reactive and ever-evolving situation.

We will be providing updates on new initiatives as they happen but for now this is our offer for our care experienced community. Our offer is open to any care experienced child or young person, from primary school up to care leavers up to 25.



OUR OFFER FOR CARE EXPERIENCED CHILDREN AND YOUNG PEOPLE

Social Check in's

A member of the Voices team would connect with a young person through a series of phone calls, Facebook live chats, Skype calls or other suitable and available communication methods. This is more of a social checking in with the young person on how they are and having a general conversation. The check-in conversations would be booked in for a specific day and time, with the length of conversation and the frequency being dictated to by the young person and the availability of the times.

Wellbeing Support

Our Wellbeing Officers in North Wales and South Wales are still fully operational again via virtual means. Our Wellbeing support sessions differ to our check-ins, by providing a more longer term structured offer of holistic support. Such as support with promoting positive wellbeing, recovery plans, healthy relationships, personal development and support with budgeting.

Virtual Hangouts

We want to keep our care experienced community positively connected and engaged with each other. Therefore, we will be trialling a series of informative, social, wellbeing and social action sessions via social media for young people to engage with.

Information & Advice

We will be providing young people with advice, support and myth busting information from trusted sources to keep young people up-to-date on the latest guidance on COVID-19. This will be made available on our social media channels and website.

Bespoke Virtual Hangouts

For those children and young people who are unable to have access to social media, we would like to offer the opportunity to have a check in or virtual hangout with Team Voices alongside their foster carers or residential staff in a method that is most suitable.

Connecting Communities

Supporting Care Experienced Young People to connect with existing voluntary, intergenerational and community schemes that are operational.

How young people can receive support.

If you have a young person who would like to connect with Voices From Care Cymru through one of our offers of support please;

- Fill in the referral form at the bottom of this page. This is so we can contact the young person directly, for a check in or support them to engage with our social media channels.
- Email our Programmes Manager, Chris Dunn who will respond with further details, along with our timetable of our 'Virtual Hangout', Email: Christopher@Vfcc.org.uk
- Young Person can find us on Social Media and become involved.



@VoicesFromCareCymru

If you are a foster carer, residential team member or Social Services team member who would like to find out more or request a bespoke hangout, email Chris; who will respond in due course.

Extension of 'The Offer'

As we know this is a reactive and ever-evolving situation. How we can help is likely to change. We won't just welcome referrals but also feedback on how we can support you and care experienced young people at this challenging time. We are aware that the above methods of contact are not available or suitable for all care experienced young people, but we will endeavour to be as inclusive as we can be.

Many Thanks

TEAM VOICES

