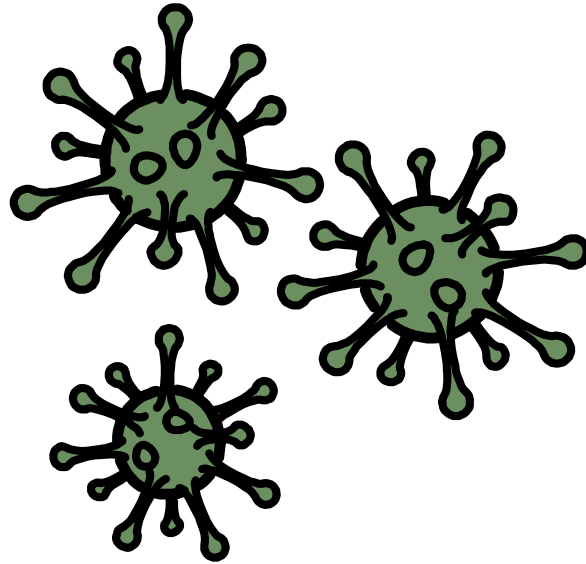
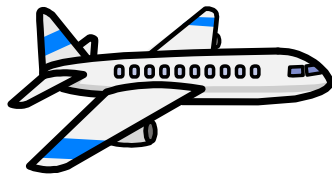
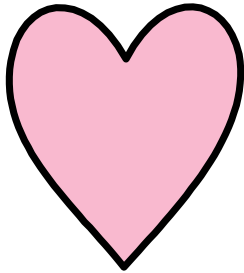


Helo!

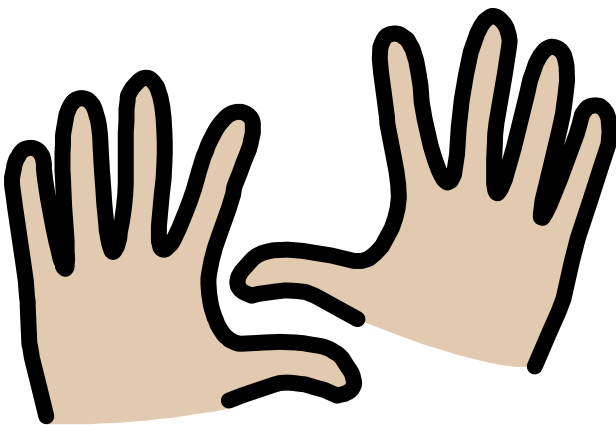


Feirws ydw i. Dwi'n aelod
o'r un teulu â'r Ffliw, a'r
Annwyd Cyffredin.

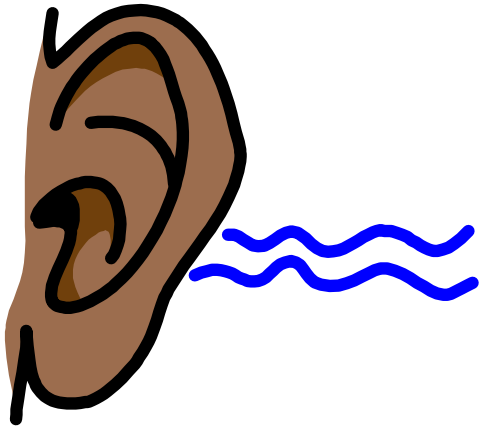
Fy enw i yw Coronafeirws.



Dwi'n dwlu ar
deithio.

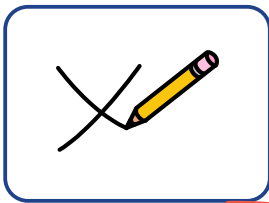


A dwi'n hoffi neidio
o law i law i
ddweud **helo**.

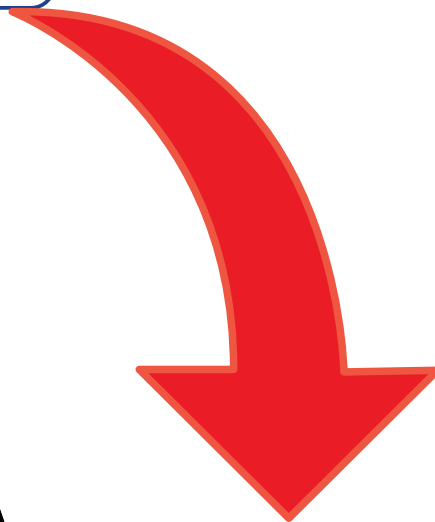


Wyt ti wedi clywed
amdana i?

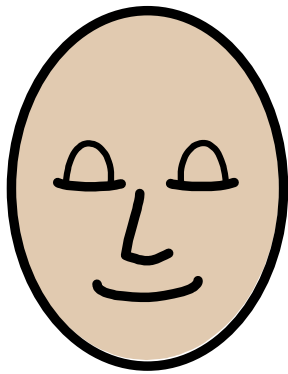
Ydw



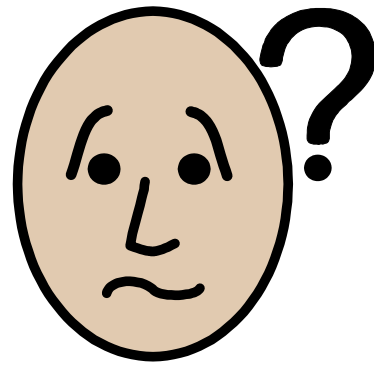
Nac ydw



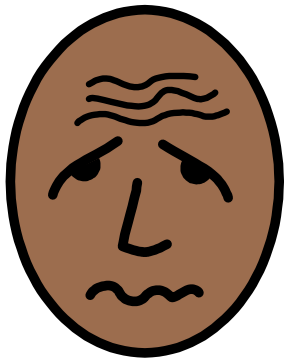
a sut wyt ti'n teimlo pan
rwyd ti'n clywed fy enw i?



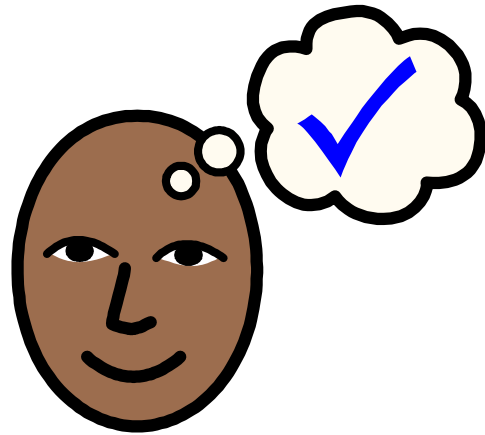
Dwi ddim yn becsu



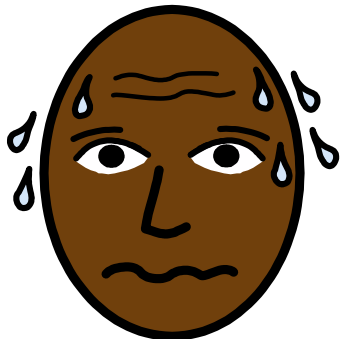
Dwi ddim yn deall



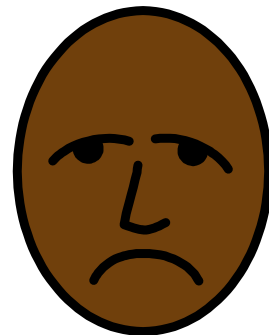
Dwi'n poeni



Dwi eisiau gwybod mwy

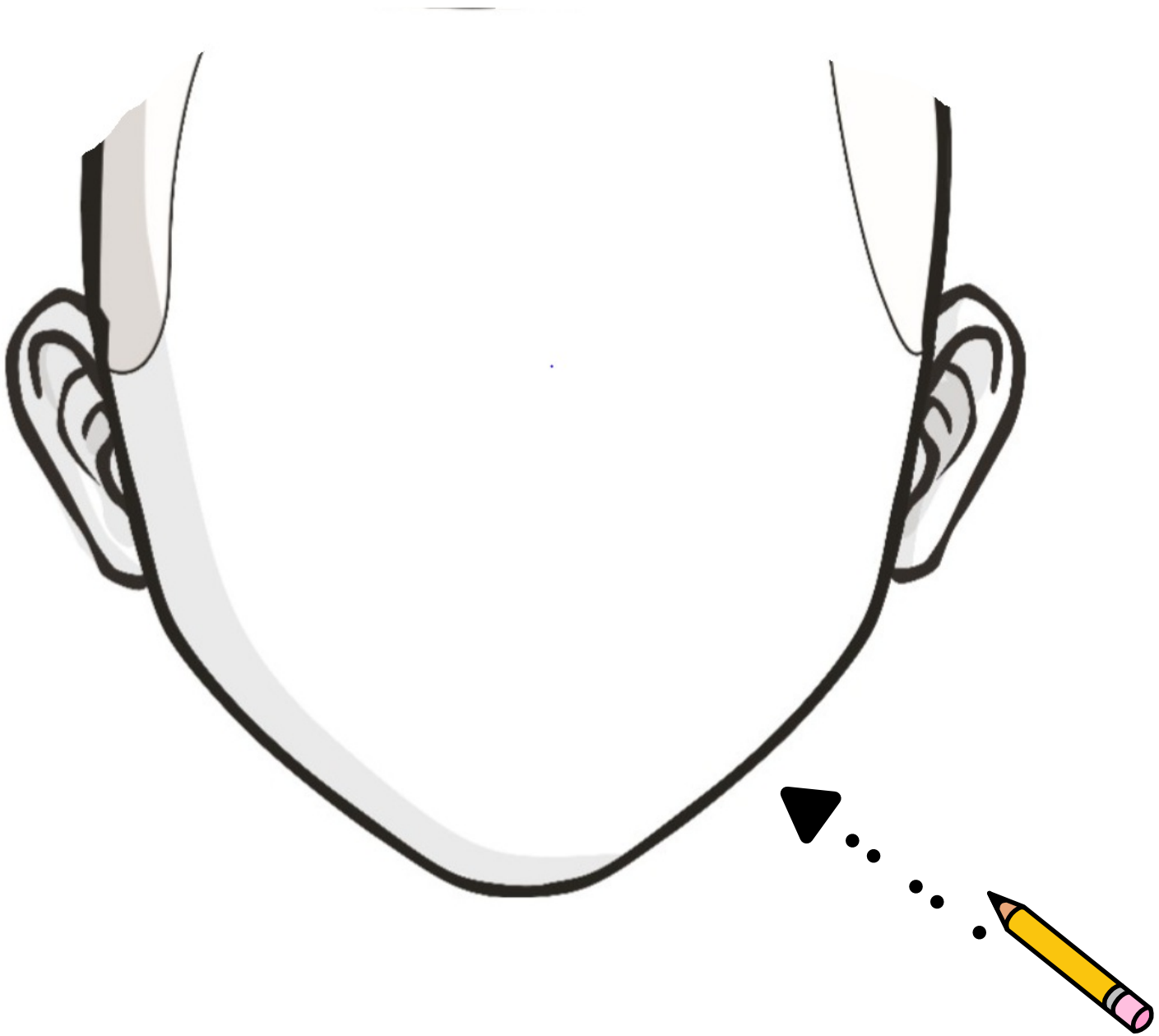


Dwi'n nerfus

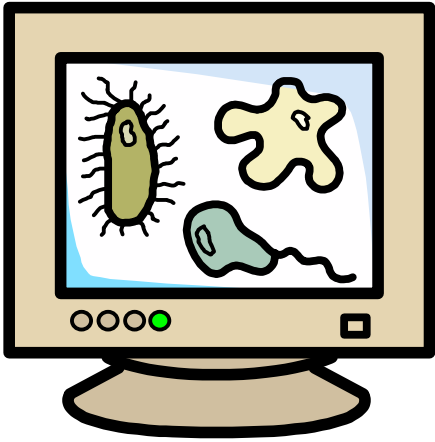


Dwi'n drist

Dwi'n deall dy fod ti'n teimlo'n...



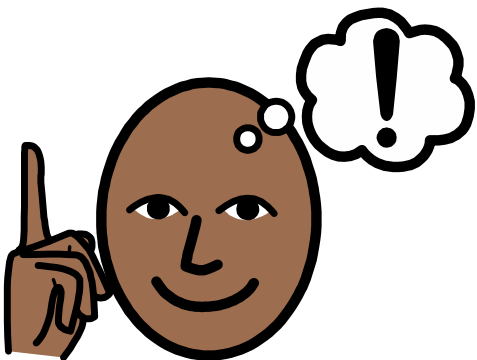
Baswn i'n teimlo yr un ffordd.



Weithiau mae oedolion yn poeni pan maen nhw'n darllen y newyddion neu'n gweld fi ar y teledu.

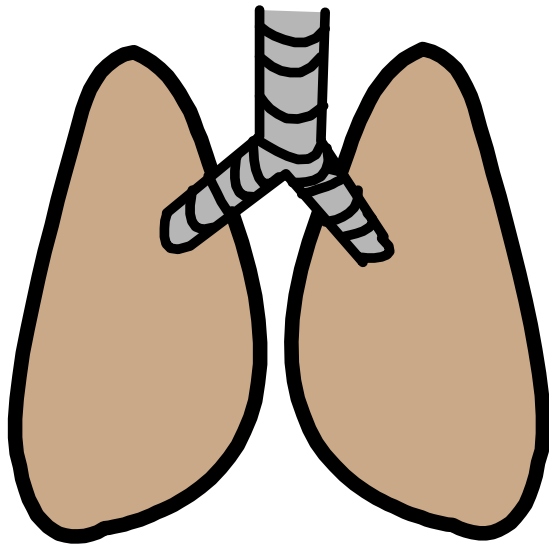


Dyma fi!!

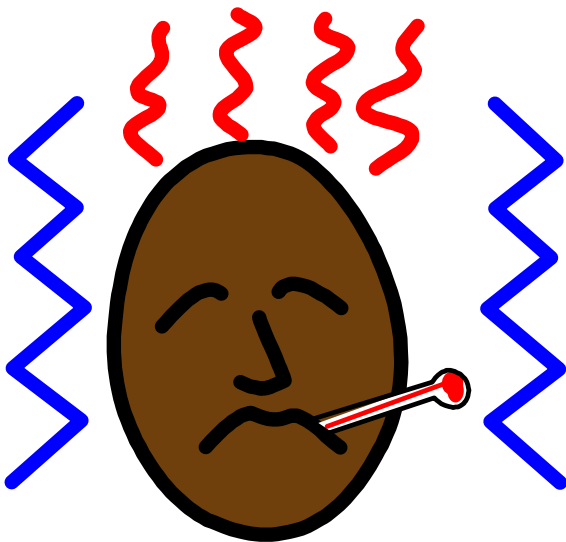


Ond dwi'n mynd i esbonio pwy ydw i fel dy fod di'n deall.

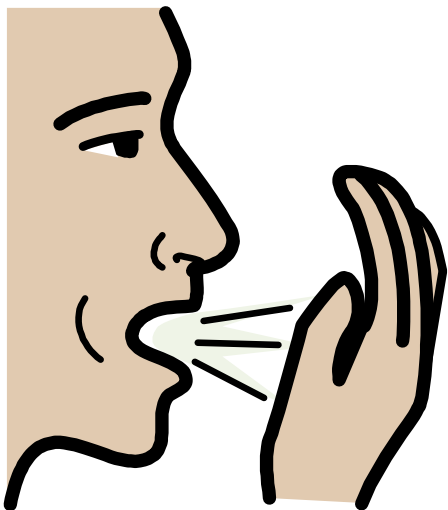
Pan dwi'n dod i ymweld, dwi'n...



...gwneud hi'n
anodd i anadlu



...gwneud ti'n boeth
iawn



...roi peswch i ti

Ond...

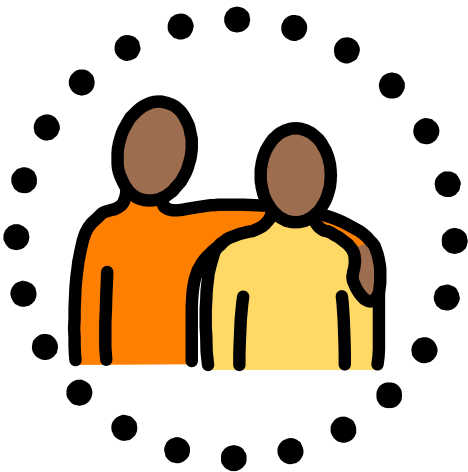


Dwi ddim yn aros am hir, ac
mae bron pawb yn gwella

...yn union fel pan rwyd ti'n brifo
dy ben-glin ac mae'n gwella.

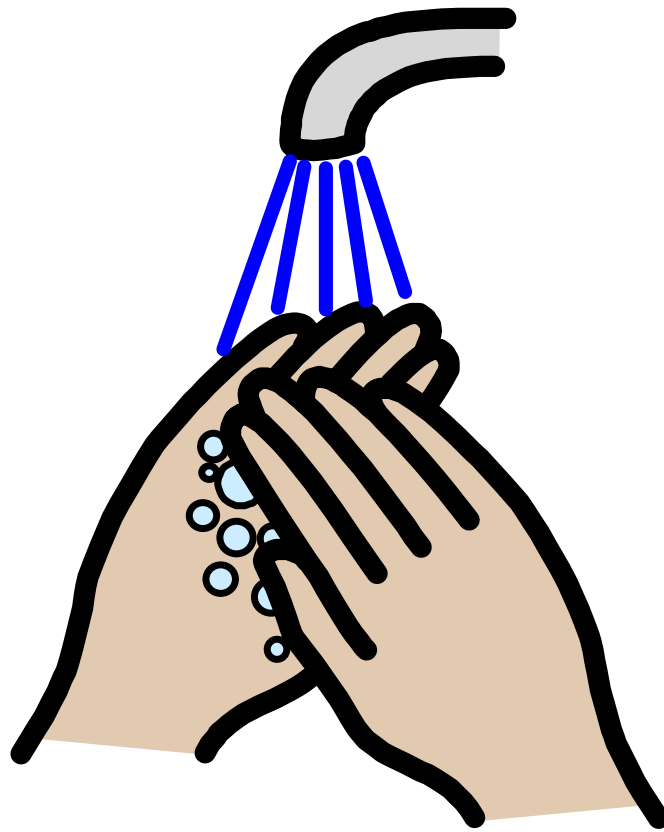
Paid a phoeni!

Bydd yr oedolion sy'n edrych ar
dy ôl di:



yn dy gadw di'n **ddiogel**.

A gallet ti helpu...



Trwy olchi dy ddwylo gyda sebon a
dŵr poeth wrth i ti ganu dy hoff gân,
neu penblwydd hapus.