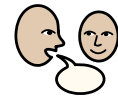
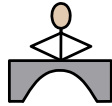


Trefnu cyfarfod



Gallwch chi gwrdd â rhywun sydd â chyfrifoldeb a siarad am newid pethau.

e.g.



Er enghraifft, yn yr ysgol gallech chi gwrdd â'ch pennaeth.







Mae cyfarfod yn ffordd dda o esbonio pam rydych chi eisiau creu newid.


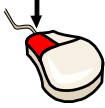
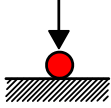





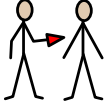
++



Hefyd gallwch chi gael gwybod ydy'r newid yma'n bosib.







1    
1. Penderfynwch pwy yw'r person gorau i chi gwrdd â nhw.

        
Gallwch chi glicio yma neu ofyn i oedolyn helpu chi.

2    
2. Cysylltwch â'r person rydych chi eisiau cwrdd â nhw.

   
Weithiau, mae gwybodaeth gyswllt ar gael ar y rhyngwyd.

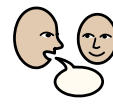
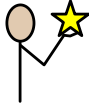
3     
3. Penderfynwch ar le. dvddiad ac amser i avfarfod.

Widgit Symbols © Widgit Software 2002 - 2019 www.widgit.com



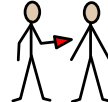
**Comisiynydd
Plant Cymru**
Children's
Commissioner
for Wales

4



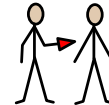
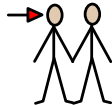
4. Gwnewch restr o'r pethau pwysig rydych chi eisiau dweud.

5



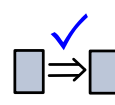
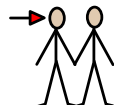
5. Gwnewch nodiadau yn y cyfarfod i gofio am beth fuoch chi'n siarad.

6

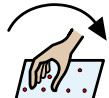


6. Gofynnwch beth fyddan nhw'n gwneud i helpu chi.

7



7. Os byddan nhw'n methu helpu, gwrandewch ar y rhesymau pam.



Falle byddwch chi'n gallu rhoi cynnig ar rywbeth arall i wneud y newid.

