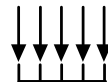
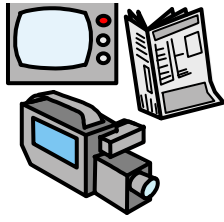
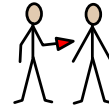
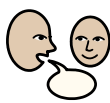
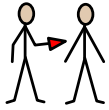


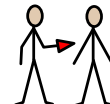
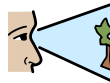
Y Wasg



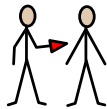
Mae papurau newydd, y radio a'r teledu i gyd yn rhan o'r wasg.



Gallwch chi ddweud wrth y wasg am yr hyn hoffwch chi ei newid.



Mae'n ffordd dda i lawer o bobl gweld a chlywed am eich newid.


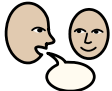







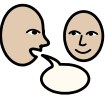
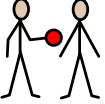


Dyma rai syniadau i'ch helpu.


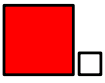

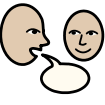
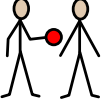




1   
1. Meddylwch am bwy fydd â diddordeb.

     
Mae newyddiadurwyr yn troi eich stori i mewn i adroddiad neu erthygl.

   
Gallwch gysylltu â newyddiadurwyr ar-lein.







      
Am fater lleol, efallai byddwch chi'n cysylltu â'ch gwasg lleol.

      
Am fater mawr, efallai byddwch chi'n cysylltu â'ch gwasg cenedlaethol.



2

2. Ymchwil

     
Edrychwch ar-lein i weld os gallwch ddarganfod stori debyg.





      
Efallai bydd newyddiadurwyr y storïau tebyg yn hoffi eich stori chi.

3

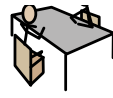
3. Gwybodaeth bwysig i roi i newyddiadurwyr

    
Dywedwch wrth y newyddiadurwr beth hoffech chi newid.

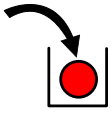
   
Dywedwch wrth y newyddiadurwr pam mae'n bwysig.

   
Meddylwch am lefydd gall y newyddiadurwr ffilmio.

4



4. Penderfynwch os hoffech chi gael cyfweiliad.



Mewn



cyfweiliad,



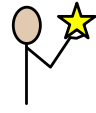
dylech

chi



siarad

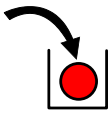
am y



prif



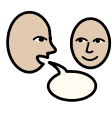
bwyntiau.



Mewn



cyfweiliad,



dywedwch



eich stori

mewn

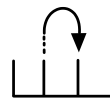


ffordd sy'n hawdd



i'w ddeall.

5

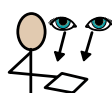


5. Meddylwch am beth hoffech chi wneud nesaf.



Efallai

gallwch chi



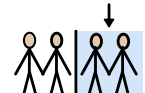
ddangos



yr adroddiad

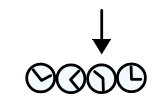


neu erthygl

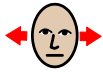


i bobl eraill.





Weithiau,



ni fydd y



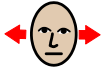
newyddiadurwr yn



ysgrifennu neu



ffilmio eich stori.



Peidiwch â



phoeni,



efallai roedd y



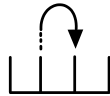
newyddiadurwr yn



rhy



brysur.



Ceisiwch eto tro nesaf!

