

# Special Mission

## Lesson Plan: Year 1 and 2

This is a lesson / activity plan for 5-7-year-old children designed to feed into our special mission Beth Nawr | What Next. We suggest this be run with a small group 5-8 children aged 5-7. This activity should take 20-30 minutes. There is a template form at the end of the lesson plan to send feedback to the Children's Commissioner for Wales.

### What you need

- Picture of Sally Holland (Children's Commissioner)
- Gingerbread template from our website or draw your own
- Poster of Children's Rights (UNCRC)

### Aims

1. Children learn what children's rights are under the United Nations Convention on the Rights of the Child (UNCRC) "things you need to grow up happy, healthy and safe"
2. Children think about wants v needs (rights)
3. Children hear about who Sally Holland (Children's Commissioner for Wales) is  
"Sally Holland is an adult in Wales whose job is to help all children in Wales be happy, healthy and safe"

### Activity 1 (5 minutes) What are Children's Rights?

Explain to children that you are going to talk about things they want and things they need and you are going to do an activity to see if they can tell the difference.

Explain to the pupils you will read something out and they have to call out WANT or NEED (or you can set up wants v needs end of room for pupils to move to the answer of their choice)- Is this a thing you want or need? Do an example first — do we need someone to look after us??? YES!!! Do we need chocolate to grow up happy, healthy and safe? NO!!

Lead the activity, choosing 3-4 items from the list of needs and 3-4 from the list of wants - you can also add your own 'wants'. Mix them up so children think a little about their answer.

#### Needs:

- Someone to look after you
- Some healthy food to eat
- Someone to keep you safe
- Somebody to be your friend
- Somewhere to play
- A home to live in
- Someone to listen to you

Wants:

- Chocolate every morning for breakfast
- A house with a swimming pool
- An ipad
- A pet
- Presents for your birthday
- A television

Explain there are some things we want and some things we need. The things we **need** in order to grow up happy, healthy and safe are called RIGHTS— Show the UNCRC poster and explain that ALL CHILDREN across the world aged 0-18 have all these 42 rights (called Articles).

### Activity 2 (10 minutes) Who Sally is and how she can help you?

Explain that all adults must make sure children get what they need (their rights) to grow up happy, healthy and safe. (this links to wants v needs)

1. Show children a picture of Sally Holland and explain her role is to help children in Wales grow up happy healthy and safe.

She would like to know your ideas on *what you need to grow up happy, healthy and safe.*

**You can do this individually using a gingerbread template or as a group with the adult leader writing down children's ideas.**

1. Ask the children "WHAT do you need to be happy, healthy and safe?", draw or write ideas on the **inside** of the gingerbread template. Ask children to share their ideas (3 mins)
2. Ask the children "WHO helps keep you happy, healthy and safe?", draw or write ideas on the **outside** of the gingerbread template. Ask children to share their ideas (3 mins)
3. Sally Holland is also there to listen to children and she wants to know "*What messages do you want to send Sally about keeping happy, healthy and safe in nursery/school?*"
4. Leaders can discuss as appropriate in a circle time format with the children e.g. where they feel safe, where they feel happy, what keeps them healthy. Record ideas on template (see below) and email back to [post@childcomwales.org.uk](mailto:post@childcomwales.org.uk)

If you would like more ideas about activities to do with foundation phase see here:

[https://www.childcomwales.org.uk/wp-content/uploads/2017/01/FoundationPhase\\_lessonplan\\_designed.pdf](https://www.childcomwales.org.uk/wp-content/uploads/2017/01/FoundationPhase_lessonplan_designed.pdf)

## Monitoring Sheet

How many children took part?

Boys:

Girls:

What age were the children?

2-4

4-7

What setting are you in? Home/ nursery/ school/ other

Do any of the children in your setting have additional learning needs?

Do children use — English/ Welsh/Both (English and Welsh)/other?

Are the children... ?

- White
- Mixed
- Asian or Asian  
British
- Black or Black  
British
- Chinese or  
Chinese British
- Any other ethnic  
background

What ideas did the children have — please add pictures where possible

1. Childrens views on "WHAT do you need to be happy, healthy and safe?"

2. Childrens views on "WHO helps keep you happy, healthy and safe?"

3. "What messages do you want to send Sally about keeping happy, healthy and safe in nursery/school?"

Please RSVP to [post@childcomwales.org.uk](mailto:post@childcomwales.org.uk) by 11 November 2018