TACKLING ISLAMOPHOBIA: REFLECTION GUIDE

Introduction

This video shows young people in Wales describing how they do not always experience their right to be treated equally. The video is introduced by Sally Holland, the Children's Commissioner for Wales because it is her job to stand up for the rights of all children and young people in Wales.

In the introduction Sally Holland explains that the video gave a chance for young people to describe their experiences in their own words. Sally explains that the video includes the racist term 'Paki'. Young people in the video used this word to explain how they feel when they are racially abused with this term. Sally explains that this is a completely unacceptable word to call another person.

Reflect on the video using the following activities to guide you.

1. Tick any of the statements that apply to you:

- ☐ I'm surprised that young people in Wales experience racism.
- ☐ I understand how it feels to be treated differently.
- ☐ I find it difficult to understand how it would feel to be treated differently.
- ☐ I have heard the racist language used in the video before.
- ☐ Watching the video made me feel angry and upset but it didn't surprise me.

2. Describe how you felt watching the video in words or in a picture: