

Pupil Before and After Reflection

Teachers: This tool enables pupils to reflect on their understanding of bullying before you deliver the sessions and again after you have delivered the sessions.

Pupils:

1. Read the statements and circle the answer that is right for you.

	Yes a lot	Not at all	Sometimes
I understand what bullying is.	2	0	1
I understand what bullying is not.	2	0	1
If I saw bullying I would ignore it.	0	2	1
I know what to do if I see bullying.	2	0	1
I know what to do if I am bullied.	2	0	1
I know what children's rights are.	2	0	1
I know that I have the right to be safe in school.	2	0	1
I respect differences between people.	2	0	1
I know why it's important to treat all people fairly.	2	0	1

2. Add up the numbers you have circled to find your total score.

MY TOTAL SCORE:

You can compare your score at the start and end of the session(s). The higher it is, the more confident you are in your understanding and response to bullying.