Know Your Rights!

The Children’s Commissioner for Wales is there to make sure that all children and young people in Wales find out about their rights. These rights are the things that children need to be safe, healthy and happy. The United Nations has a list of all the rights that children have. This list is called the UN Convention on the Rights of the Child, or UNCRC for short.

This is a lot of work and the Commissioner needs a team of Super Ambassadors from every primary school in Wales to help out. Two Super Ambassadors from each school work together to help their Commissioner.

Want to know your rights? Here are some from the list!

Article 1: Everyone under 18 has these rights.
Article 2: All children have these rights no matter what!
Article 3: Everyone who works with children should always do what is best for each child.
Article 4: The government should make sure that all these rights are available to all children.
Article 5: Governments should help parents to help you to know about and use your rights as you grow up.
Article 6: You have the right to life and to grow up to be healthy.
Article 7: Your right to a name and nationality.
Article 8: The government should respect your right to a name, nationality and family.

To make sure that you get your rights the Commissioner has five super powers, they are to:
- Listen to what you have to say.
- Speak up about things that are important to you.
- Tell you about your rights.
- Help to make sure that you get your rights.
- Talk to you if you have a problem.

To find out more about Super Ambassadors go to: www.superambassadors.org.uk
To find out more about the work of the Children’s Commissioner for Wales go to: www.childcomwales.org.uk

If you need to get in touch with the Children’s Commissioner for Wales you can phone us for free on 0808 801 1000 or text 80800 and start your message with COM.